



Nutritionist-approved recipes

Wellness at Shangri-La

Our carefully crafted offerings are full of nutrient-dense, whole foods, masterfully cooked to maximize nutrition and flavour while limiting salt, sugar and additives. We believe in hospitality from the heart. Allow us to help you eat well and stay well at your home away from home.

Wellness Cuisine

- | | | |
|--|---|------|
| | TOMATO CONSOMMÉ
Cherry Tomatoes, Basil, Beetroot, Parmesan Cheese,
Cold-Pressed Tomato Broth High In Fibre And Lycopene,
A Powerful Antioxidant
<i>25.9 kcal (per 100 gms) / 300 gms (serving size)</i> | 850 |
| | BEET AND SPINACH SALAD
Pan-Roasted Beets, Baby Spinach, Pickled Beets,
Toasted Seeds,
Balsamic Dressing Beets Contain Liver-Protective
Antioxidants
<i>72.9 kcal (per 100 gms) / 250 gms (serving size)</i> | 1000 |
| | HERBED SALMON RICE PAPER ROLLS
Seasonal Vegetables, Fresh Herbs, Rice Paper Roll,
Sesame Chili Sauce
Good Source of Healthy Heart Anti-Inflammatory
Omega 3 Fat
<i>146.6 Kcal (per 100 gms) / 250 gm (serving size)</i> | 1375 |
| | COCONUT SPINACH DAL OKRA
Sautéed Okra & Tomato, Chutney, Cucumber Raita, Brown
Basmati Rice Protein-Packed Lentils Are High In
Cholesterol-Lowering Fibre
<i>142.8 Kcal (per 100 gms) / 730 gms (serving size)</i> | 1050 |
| | MUSHROOM BARLEY RISOTTO WITH
 POACHED EGG AND SMOKED EGGPLANT
Mixed Mushroom, Barley, Egg, Smoked Eggplant And
Onion Puree, Mushrooms Are Full Of
Immune-Supportive Antioxidants
<i>74.3 Kcal (per 100 gms) / 250 gms (serving size)</i> | 1350 |
| | DARK CHOCOLATE OLIVE OIL CAKE
Almond Flour-Based Cake, Raspberry Compote,
Seasonal Berries, A Guilt-Free Indulgence Made
With Heart-Healthy Olive Oil
<i>243.2 Kcal (per 100 gms) / 130 gms (serving size)</i> | 850 |



Vegetarian
 Non-Vegetarian
 Chef's Signature
 VEGAN

Celery
 Soya
 Tree Nut
 Sulfite
 Mollusks
 Fish
 Gluten
 Nut
 Sesame
 Crustaceans
 Milk
 Mustard
 Lupin
 Pork
 Egg

Our Produce And Cuisine Is Rooted In Nature, Featuring The Finest Locally And Ethically Sourced

Please let your order taker know about your allergens.

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MAINS (12:30 pm to 11:30 pm)

- VEGGIE POWER MAC & CHEESE PASTA** 1000
 Cauliflower, Broccoli, Pumpkin & Cheddar Cheese Sauce
 This Kid's Favourite, Got A Veggie Boost For
 Super-Immunity Powers
 124 Kcal (per 100 gms) / 220 gms (serving size)
- CHICKEN, VEGETABLE & EGG BROWN** 950
RICE BOWL DICED CHICKEN
 Fried Egg, Seasonal Vegetables, Brown Rice, Soy
 Sesame Sauce, A Nutritionally Balanced, Whole Grain
 163.2 Kcal (per 100 gms) / 250 gms (serving size)
- WHOLE GRAIN TUNA SANDWICH** 1300
Tomato, Cucumber, Avocado, Greek Yoghurt,
 Grated Carrot And Apple, Whole Grain Bread Brain-Boosting
 Omega 3 Fats And Calcium For Growing Bone
 100.8 kcal (per 100 gms) / 250 gms (serving size)

DESSERT

- DARK CHOCOLATE OLIVE OIL CAKE** 850
ALMOND FLOUR-BASED CAKE
 Raspberry Compote, Seasonal Berries, A Guilt-Free
 Indulgence Made With Heart-Healthy Olive Oil



Vegetarian Non Vegetarian Chef's Signature **VEGAN**

Celery Soya Tree Nut Sulfite Mollusks
 Fish Gluten Nut Sesame Crustaceans
 Milk Mustard Lupin Pork Egg

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   	BASIL PESTO: Parmesan, Walnut, Olive Oil 303.4 kcal (per 100gms) / 280gms (serving size)	1250
 	FOUR CHEESE: Parmesan, Cheddar, Emmental, Mozzarella 304.9 kcal (per 100gms) / 280gms (serving size)	1250
 	AGLIO E OLIO: Garlic, Olive Oil, Chili 274.3 kcal (per 100gms) / 280gms (serving size)	1250
 	BOLOGNESE: Lamb, Tomato, Parmesan Cheese 194.4 Kcal (per 100gms) / 280gms (serving size)	1450
 	LAMB LASAGNA  Pasta Lasagna Layered With Rosemary Infused Lamb Ragout, Tomato Sauce, Basil Pesto, Parmesan Cheese 261.3 kcal (per 100gms) / 320gms (serving size)	1400

INTERNATIONAL GRILLS

CHOOSE YOUR MEAT

 	 Chicken Breast, Thyme Jus 109.3 kcal / 142.6 (per 100gms) / 390gms/30gms (serving size)	1850
 	 Tenderloin Pepper Jus 339.9 kcal / 112.5 kcal (per 100gms) / 390gms/30gms (serving size)	2000
 	 New Zealand Lamb Chops, Rosemary Jus 444.4 kcal / 163.6 kcal (per 100gms) / 300gms/30gms (serving size)	2800

SEAFOOD

   	 Tiger Prawns, Lemon Butter Sauce  83.4 kcal / 752 kcal (per 100gms) / 390gms / 30gms (serving size)	2750
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SIDES (CHOOSE ANY ONE)

	 Butter Potato Mash 186 kcal (per 100gms) / 180gms (serving size)
 	 Roasted Potatoes 161.9 kcal (per 100gms) / 180gms (serving size)
 	 Sautee Mushrooms 109.4 kcal (per 100gms) / 180gms (serving size)

 	 HALF ROASTED FREE RANGE CHICKEN Brown Butter Mash, Braised Vegetable, Pearl Onion Jus 106.8 kcal (per 100gms) / 380gms (serving size)	2150
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 	 'STUCK IN NET': FISH OF THE DAY   Smoked Potatoes, Caponata & Saffron Beurre Blanc 81.2 kcal (per 100gms) / 320gms (serving size)	2600
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   	 FISH N CHIPS BRITISH PUB STYLE BEER BATTER FRIED FISH  Beer Battered Fried Fish, French Fries, Tartar Sauce 226.6 kcal (per 100gms) / 320gms (serving size)	2250
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 Vegetarian
  Non Vegetarian
  Chef's Signature
  **VEGAN**
 Celery
 Soya
 Tree Nut
 Sulfite
 Mollusks
 Fish
 Chicken
 Nut
 Sesame
 Crustaceans
 Milk
 Mustard
 Lupin
 Pork
 Egg
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  	DESI MURGI BURGER Masala Chicken Patty, Masala Fried Egg, Potato Wedges <i>212.9 kcal (per 100gms) / 380gms (serving size)</i>	1300
  	CURRIED VEGETABLE BURGER Vegetable Patty, Tomato, Cucumber, Vegetable Slaw, Melted Cheddar <i>134.6 kcal (per 100gms) / 380gms (serving size)</i>	1200
  	PLANT BASED BURGER Plant Based Patty, Beetroot, Vegan Cheese, Caramelized Onion, Eggless Mayo, Green Salad <i>142.9 kcal (per 100gms) / 200gms (serving size)</i>	1350

BETWEEN THE BREADS

  	NON VEGETARIAN CLUB SANDWICH Toasted White Bread / Whole Wheat Bread, Crispy Pork Bacon, Fried Egg, Chicken With Lettuce & Tomato <i>252.2 kcal (per 100gms) / 450gms (serving size)</i>	1300
  	VEGETARIAN CLUB SANDWICH Toasted White Bread / Whole Wheat Bread, Grilled Vegetables, Lettuce & Tomato <i>126.3 kcal (per 100gms) / 450gms (serving size)</i>	1250
  	BLT SANDWICH Pork Bacon, Lettuce, Tomato, Mustard Mayo <i>226.9 kcal (per 100gms) / 350gms (serving size)</i>	1350
  	GRILLED CHICKEN MULTIGRAIN SANDWICH Chicken, Basil Pesto, Mustard, Lettuce <i>248.1 kcal (per 100gms) / 340gms (serving size)</i>	1350
  	MUMBAI MASALA SANDWICH Grilled Sandwich With Potatoes, Peppers, Cucumber, Tomato, Cheese <i>176.5 kcal (per 100gms) / 340gms (serving size)</i>	1200
  	FOCACCIA SANDWICH Grilled Vegetables, Pesto, Tomatoes, Feta Cheese <i>176.5 kcal (per 100gms) / 340gms (serving size)</i>	1200

EUROPEAN MAINS

CREATE YOUR OWN PASTA

	Spaghetti / Penne / Fusilli / Gluten Free / Whole Wheat <i>319.1 kcal (per 100gms) / 280gms (serving size)</i>	
  	ARRABBIATA: Tomato Sauce, Chili Flakes <i>248.8 kcal (per 100gms) / 280gms (serving size)</i>	1250
  	ALFREDO: Mushroom, White Sauce, Garlic <i>321.9 Kcal (per 100gms) / 280gms (serving size)</i>	1250

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  Non-Vegetarian
  Chef's Signature
  VEGAN
 Celery
  Soya
  Tree Nut
  Sesame
  Mollusks
 Fish
  Gluten
  Nut
  Sesame
  Crustaceans
 Milk
  Mustard
  Lupin
  Pork
  Egg
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	NON VEGETARIAN SUSHI MORIAWASE Chef Choice Assorted Nigiri And Uramaki Platter <i>147.1 kcal (per 100gms) / 390gms (serving size)</i>	5250
	VEGETARIAN SUSHI MORIAWASE Chef Choice Assorted Nigiri And Uramaki Platter <i>147 kcal (per 100gms) / 390gms (serving size)</i>	3650
	ASPARAGUS VELOUTE Cream Asparagus Soup, Crème Fraiche <i>160.3 kcal (per 100gms) / 300gms (serving size)</i>	950
	ROASTED TOMATO & BELL PEPPER SOUP Tomatoes, Red Pepper, Basil, Pesto Oil <i>145.2 kcal (per 100gms) / 300gms (serving size)</i>	850
	WILD MUSHROOM SOUP Slow Roasted Mushroom With Thyme, Flavoured With Truffle Essence <i>138.5 kcal (per 100gms) / 300gms (serving size)</i>	850
	KADAKNATHI CHICKEN SHORBA Rural Breed Black Chicken Broth, Fresh Coriander <i>207.5 Kcal (per 100gms) / 350gms (serving size)</i>	1400
	KURUMILAGU RASAM Coorg Black Pepper Infused South Indian Tangy Broth <i>158 kcal (per 100gms) / 300gms (serving size)</i>	850

SHANG'S BURGER CLUB

	BURGER ALLA MILANESE Buttermilk Crumb Pounded Organic Chicken, Gochujang Sauce, Fresh Mozzarella, Green Lettuce And Jalapeno <i>250.1 kcal (per 100gms) / 380gms (serving size)</i>	1300
	SMASH BURGER Cheese Laminated In Twin Tenderloin Patties, Pork Bacon, Gherkins, Vegetable Slaw, Pont Neuf Potatoes <i>207.1 kcal (per 100gms) / 370gms (serving size)</i>	1300
	DOCKYARD TRADITIONAL BURGER Sesame Bun, Grilled Tenderloin Patty, Gherkin, Sun Dried Tomato Mayo, Aged Cheddar <i>219.6 Kcal (per 100gms) / 440gms (serving size)</i>	1400
	CLASSIC HAMBURGER Tenderloin, Balsamic Onion, Green Lettuce, Sautéed Mushroom, Provolone, Roma Tomato, Pont Neuf Potatoes <i>199.4 kcal (per 100gms) / 380gms (serving size)</i>	1300
	MUTTON SHIKAMPURI BURGER Indian Spiced Lamb Patty, Pickled Onion, Brie Cheese, Mint Aioli, Potato Wedges <i>187.3 kcal (per 100gms) / 380gms (serving size)</i>	1350

 Vegetarian
  Non Vegetarian
  Chef's Signature
  VEGAN
 Cereals
 Soy
 Tree Nut
 Sesame
 Mellics
 Fish
 Gluten
 Nut
 Sesame
 Crustaceans
 Milk
 Mustard
 Lupin
 Pork
 Egg
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APPETIZER & SOUP

- 


OMEGA-3 'TEXTURES OF SALMON' 1350
 Grilled Salmon, Smoked Salmon, Hass Avocado, Flax Seed,
 Yellow Lime Dressing
176.6 kcal (per 100gms) / 200gms (serving size)
- 



'GREEK' BLACK QUINOA SALAD 1150
 Quinoa, Lettuce, Olives, Cucumber, Tomatoes, Snack Pepper,
 Feta Cheese, Fresh Herb Vinaigrette
203.6 kcal (per 100gms) / 240gms (serving size)
- 


CAPRESE
 Heirloom Tomatoes, Fresh Basil & Aged Balsamic
 Choice Of
- 

 Fresh Mozzarella 109.7 kcal (per 100gms) / 200gms (serving size) 1150


 Burrata 102.5 kcal (per 100gms) / 200gms (serving size) 1250
- 



CLASSIC CAESAR SALAD 127.1 kcal (per 100gms) / 200gms (serving size)


 Parmesan Shavings, Brioche Croutons, Poached Egg, Pork Bacon,
 Anchovy, Romaine Lettuce & House Made Caesar Dressing
 Choice Of:
- 

 Roasted Vegetables 99.4 kcal (per 100gms) / 200gms (serving size) 1150



 Chicken Tikka 164.6 kcal (per 100gms) / 200gms (serving size) 1250



 Poached Shrimps 109.4 kcal (per 100gms) / 200gms (serving size) 1450
- MEXICAN QUESADILLAS**
 Flour 'tortilla, Chipotle, Red Onion, 'tomato Salsa, Melted Edam Cheese
- 


 Wild Mushroom 110.2 kcal (per 100gms) / 225gms (serving size) 1100



 Chicken 127.6 kcal (per 100gms) / 225gms (serving size) 1200
- 


DHABA CHICKEN KATHI 1550
 Braised Chicken With Onion, Masala Egg, Wrapped In Rumali Roti
92 kcal (per 100gms) 350gms / (serving size)
- 


PANEER KATHI 1200
 Stir Fried Cottage Cheese With Peppers And Onions,
 Wrapped In Rumali Roti
192.7 kcal (per 100gms) / 300gms (serving size)
- 


CHICKEN WINGS 1100

 House Made Wing Sauce
160.2 kcal (per 100gms) / 220gms (serving size)
- 


CLASSIC MEZZE PLATTER 1200

 Hummus, Mutabal, 'abbouleh, Falafel, Marinated
 Olive, Pita Bread
238.8 kcal (per 100gms) / 340gms (serving size)

 Vegetarian
  Non Vegetarian
  Chef's Signature
  VEGAN

 Celery
  Soy
  Tree Nut
  Sulfite
  Molluscs
 Fish
  Gluten
  Nut
  Sesame
  Crustaceans
 Milk
  Mustard
  Lupin
  Pork
  Egg

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INDIAN APPETIZER'S

Tandoor Starters Served from (12.30 pm-3.30pm) & (6.30 pm-11.30pm)

  	BROCCOLI MOZZARELLA TIKKI Broccoli, Mozzarella, Cooked On Griddle 111.8 kcal (per 100gms) / 250gms (serving size)	1200
  	HARI MIRCH KA PANEER TIKKA Cottage Cheese, Fresh Green Chilli, Smoked In Tandoor 158 kcal (per 100gms) / 260gms (serving size)	1200
  	LAHORI PANEER TIKKA Cottage Cheese, Yellow Chilli, Hung Curd, Smoked In Tandoor 159.1 kcal (per 100gms) / 270gms (serving size)	1200
  	DAHI KE KEBAB Rawa Crumbed Fried Hung Yoghurt 135 kcal (per 100gms) / 250gms (serving size)	1200
  	NEW DELHI SOYA CHAAP TIKKA Soya Chaap Marinated With Ground Spices, Hung Curd, Smoked In, Tandoor 124.4 kcal (per 100gms) / 250gms (serving size)	1200
  	SARSON MACCHI TIKKA River Sole, Mustard, Crushed Spices, Hung Curd 133.8 kcal (per 100gms) / 300gms (serving size)	1550
  	TANDOORI TELLICI HERRY PRAWN Fresh Prawns Marinated With Curry Leaves, Black Pepper, Cooked In Tandoor 97.7 kcal (per 100gms) / 250gms (serving size)	1700
  	PUNJABI MURGH TIKKA Chicken, Blend Of Hot Spices, Hung Yoghurt 153.5 kcal (per 100gms) / 250gms (serving size)	1550
  	LUCKNOWI SEEKH KEBAB Minced Lamb, Garlic, Chef's Spice Mix 203.4 kcal (per 100gms) / 250gms (serving size)	1700
  	MURGH PUDINE KI SEEKH Minced Chicken, Mint, Coriander, Skewered In Tandoor 235.6 kcal (per 100gms) / 250gms (serving size)	1550
  	TANDOORI CHICKEN Chicken On Bone, Deggi Mirch, Hung Yoghurt, Roasted In Tandoor Half 174.2 kcal (per 100gms) / 320gms (serving size) Full 174.2 kcal (per 100gms) / 600gms (serving size)	1700 3100
  	ADRARI LAMB CHOP Mutton Chop, Ginger, South Indian Spices, Cooked In Tandoor 114.4 kcal (per 100gms) / 300gms (serving size)	1700

 Vegetarian  Non Vegetarian  Chef's Signature  VEGAN

 Celery  Soya  Tree Nut  Sesame  Mollusks
 Fish  Gluten  Nut  Sesame  Crustaceans
 Milk  Mustard  Lupin  Pork  Egg

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TOM YUM NAM KHON

Thai Hot, Sour And Spicy Broth, Chili, Lemongrass & Kaffir Lime Leaves

Choice of:

  	Vegetables 134.4 kcal (per 100 gms) / 215 gms (serving size)	850
  	Chicken 129.5 kcal (per 100 gms) / 235 gms (serving size)	950
 		
  	Prawns 79.4 kcal (per 100 gms) / 235 gms (serving size)	1100
 		

CLASSIC MANCHOW

Choice of:

  	Vegetable 167.9 kcal (per 100 gms) / 160 gms (serving size)	850
  	Chicken 203.6 kcal (per 100 gms) / 160 gms (serving size)	950
 		

  	POH PIA TOD	850
	Crispy Spring Rolls With Vegetables, Shitake Mushroom And Glass Noodles	
	196 kcal (per 100 gms) / 250 gms (serving size)	

  	YOM SOM-O	950
 	Thai Pomelo Salad With Poached Shrimp & Chicken In Chili-Lime Dressing	
	84.9 kcal (per 100 gms) / 250 gms (serving size)	

  	SOM TAM	950
 	Isaan Style Raw Papaya Salad With Garlic, Cherry Tomatoes, Fresh Chili And Green Beans	
	69.7 kcal (per 100 gms) / 260 gms (serving size)	

  	SATAY GAI	1300
 	Bangkok Style Grilled Chicken Skewers With Peanut Sauce	
	175.3 kcal (per 100 gms) / 270 gms (serving size)	

  	CHILLI CHICKEN	1300
	Crispy Fried Chicken, Bell Pepper, Onion, Chilli Sauce	
	140.2 kcal (per 100 gms) / 280 gms (serving size)	

  	CHILLI TOFU	1200
	Crispy Tofu, Bell Pepper, Onion, Chilli Sauce	
	75.7 kcal (per 100 gms) / 280 gms (serving size)	

  	FISH IN BLACK BEAN SAUCE	1400
	Crispy Fish, Bell Pepper, Onion Black Bean Sauce	
	115 kcal (per 100 gms) / 470 gms (serving size)	

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 Fish  Gluten  Nut  Sesame  Crustaceans
 Milk  Mustard  Lupin  Pork  Egg

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CLAY OVEN BREADS

(SERVED FROM 12:30 PM TILL 11:30 PM)

  	 TAMRA SIGNATURE NAAN	350
	404.3 kcal (per 100 gms) / 130 gms (serving size)	
  	ROTI	250
	Tandoori/ Butter / Missi	
	310 kcal / 366.5 kcal / 323.6 kcal (per 100 gms) / 110gms / 112 gms / 110 gms (serving size)	
  	NAAN	250
	Plain / Butter / Garlic	
	249.1 kcal / 351 kcal / 351 kcal (per 100 gms) / 120 gms (serving size)	
  	LACCIA PARATHIA	250
	Butter / Pudina / Ajwaini / Mirchi	
	346.9 kcal / 356.5 kcal / 400.2 kcal / 386.2 kcal (per 100 gms) / 112 gms (serving size)	
  	KULCHA	350
	Aloo/ Pyaz/ Paneer	
	183.2 kcal / 218 kcal / 291.4 kcal (per 100 gms) / 270gms / 250gms / 270gms (serving size)	

HOME AWAY FROM HOME

  	 PUNJABI KADHI PAKORA	1200
	Carom Seed Flavoured Onion & Spinach Fried Dumplings In Yoghurt And Bengal Gram Powder Gravy	
	175.2 kcal (per 100 gms) / 200 gms (serving size)	
  	HING DI IANIYA KE CHATPATE ALOO	1200
	Pan Tossed Asafoetida & Coriander Flavoured Spicy Potato	
	69.7 kcal (per 100 gms) / 350 gms (serving size)	
  	RAJMA	1200
	Home Style Slow Cooked Rajma	
	211.3 kcal (per 100 gms) / 500 gms (serving size)	
  	BHINDI NAIN TARA	1150
	Lady Finger, Onion, Tomato Tossed With Chili & Ginger, Topped With Sesame Seed	
	120.7 kcal (per 100 gms) / 350 gms (serving size)	
  	CLASSIC KICHIDI	1200
	Slow Cooked Mix Vegetable, Lentil And Rice In Desi Ghee	
	261.4 kcal (per 100 gms) / 500 gms (serving size)	

ASIAN

SOUP & APPETIZER

KHAO SOI

Chiang Mai Style Coconut Curry Broth With Noodles
Choice of:

  	 Vegetable	71.5 kcal (per 100 gms) / 250 gms (serving size)	850
  	 Chicken	226.9 kcal (per 100 gms) / 250 gms (serving size)	950
  	 Prawns	71.8 kcal (per 100 gms) / 250 gms (serving size)	1100

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  Non Vegetarian
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  VEGAN
 Celery
  Soya
  Tree Nut
  Sesame
  Mollusks
 Fish
  Chicken
  Nut
  Sesame
  Crustaceans
 Milk
  Mustard
  Lupin
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  Egg
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🌱🌱🌱	BHUNA MAKAI PALAK Garlic Tempered Spinach Gravy With Corn Kernel 76.1 kcal (per 100gms) / 350 gms (serving size)	1200
🌱🌱🌱	DAL TAMRA Black Lentil Simmered With Butter And Cream 387.5 kcal (per 100gms) / 350 gms (serving size)	1100
🌱🌱	PUNJABI DAL TADKA Yellow Lentil Cooked With Onion Tomatoes and Finished With Clarified Butter And Lemon Juice 305.2 kcal (per 100 gms) / 300 gms (serving size)	1000
🌱🌱🌱🌱	GAGAN'S CHIKHAD CHOLE ★ Slow Cooked Chickpea Flavoured With Anardana, Onion Tomato And Chana Masala 188.6 kcal (per 100 gms) / 300 gms (serving size) With	1200
🌱🌱🌱🌱	TANDOORI KULCHA 189.3 kcal (per 100 gms) / 270 gms (serving size)	

RICE AND BIRYANI

🌱🌱	STEAMED RICE 350 kcal (per 100 gms) / 300 gms (serving size)	650
🌱🌱	BROWN RICE 353.7 kcal (per 100 gms) / 300 gms (serving size)	700
	DUM BIRYANI Awadhi Style Fragrant Basmati Rice, Mint, Saffron, Brown Onion	
🌱🌱	🌱 Vegetable 215.1 kcal (per 100 gms) / 440 gms (serving size)	1400
🌱🌱	🍗 Chicken 244.5 kcal (per 100 gms) / 440 gms (serving size)	1800
🌱🌱	🍖 Mutton 176.3 kcal (per 100 gms) / 440 gms (serving size)	2000
	🍽 Served With Burani Raita 91.9 kcal (per 100 gms) / 100 gms (serving size)	
🌱🌱	PLAIN NATURAL YOGHURT 62 kcal (per 100 gms) / 350 gms (serving size)	350
🌱🌱	RAITA Jeera / Boondi / Burani 63.9 kcal / 94.5 kcal / 91.9 kcal (per 100 gms) / 300 gms (serving size)	450

🌱 Vegetarian 🍗 Non Vegetarian ★ Chef's Signature ✓ VEGAN

🌱 Celery 🌱 Soya 🌱 Tree Nut 🌱 Sesame 🌱 Mellics
🌱 Fish 🌱 Gluten 🌱 Nut 🌱 Sesame 🌱 Crustaceans
🌱 Milk 🌱 Mustard 🌱 Lupin 🌱 Pork 🌱 Egg

🌱 Our Produce And Cuisine Is Rooted In Nature, Featuring The Finest
Locally And Ethically Sourced

Please let your order taker know about your allergens.

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The menu indicate approximate value of calories for dishes, indicated by the sign (~)

KEBAB PLATTER

-  **VEGETARIAN** 1800
 Hari Mirch Ka Paneer Tikka, Broccoli Mozzarella
 Tikki & Soya Chaap
 121.3 kcal (per 100gms) / 540gms (serving size)
-  **NON VEGETARIAN** 2300
 Punjabi Chicken Tikka, Mutton Seekh & Sarson Macchi Tikka
 137.4 kcal / 201.2 Kcal / 133.8 kcal (per 100 gms) / 460 gms (serving size)

INDIAN MAIN COURSE

-  **NON VEGETARIAN**
 Kadhai : Food Cooked In Traditional Black Iron Wok
-  **Mutton** 133.9 kcal (per 100gms) / 550 gms (serving size) 1900
 **Chicken** 116 kcal (per 100gms) / 550 gms (serving size) 1700
 **Kadakhnath Egg** 135.5 kcal (per 100gms) / 450 gms (serving size) 1400
-  **SMOKED MURGH MAKIANI (BONELESS)** 1700
 Mild Tomato Curry Cooked With Butter
 And Cream
 168.7 kcal (per 100gms) / 550 gms (serving size)
-  **MOGEWALA KUKKAD (WITH BONE)** 1700
 Tomato, Fenugreek Flavoured Chicken
 175.8 kcal (per 100gms) / 550 gms (serving size)
-  **AMRITSARI MUTTON RARA** 1900
 Punjabi Style Braised Mutton On The Bone And Minced Curry
 170.6 kcal (per 100gms) / 550 gms (serving size)
-  **MANGALOREAN PRAWN CURRY** 2100
 Fresh Prawns, Simmered With South Indian Spice,
 Curry Leaf, Coconut
 116.2 kcal (per 100gms) / 410 gms (serving size)
-  **VEGETARIAN**
-  **PANEER MAKHAN MALAI** 1400
 Paneer, Cashew, Khoya, Creamy Tomato Gravy
 156.1 kcal (per 100gms) / 350 gms (serving size)
-  **PANEER DHANIYA ADRAHI** 1400
 Spicy Paneer, Fresh Coriander & Ginger Flavoured Gravy
 234 kcal (per 100gms) / 350 gms (serving size)
-  **MAKHMALI KOFTA** 1400
 Mild Tomato Curry Cooked With Butter
 And Cream
 269.8 kcal (per 100gms) / 350 gms (serving size)

 Vegetarian
  Non Vegetarian
  Chef's Signature
  Vegan

 Celery
  Soya
  Tree Nut
  Sulfite
  Mollusks

 Fish
  Gluten
  Nut
  Sesame
  Crustaceans

 Milk
  Mustard
  Lupin
  Pork
  Egg

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ASIAN MAIN COURSE

All Asian Mains Served With Steamed Jasmine Rice

GAENG KHIWA WAAN

Thai Green Curry With Fresh Basil And Coconut Milk

  	Vegetables 116.5 kcal (per 100 gms) / 415 gms (serving size)	1500
  	Chicken 150 kcal (per 100 gms) / 415 gms (serving size)	1700

  	Prawns 134.5 kcal (per 100 gms) / 415 gms (serving size)	1900
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GAENG PED

Thai Red Curry With Fresh Basil And Coconut Milk

  	Vegetables 145.8 kcal (per 100 gms) / 415 gms (serving size)	1500
  	Chicken 159.2 kcal (per 100 gms) / 415 gms (serving size)	1700

  	Tenderloin 151.9 kcal (per 100 gms) / 415 gms (serving size)	1800
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  	GAI PAD MAMUANG	1700
 	Wok Fried Chicken With Chili, Oyster Sauce And Cashewnut	
	176.1 kcal (per 100 gms) / 400 gms (serving size)	

  	CHOO-CHEE GOONG	2750
 	Grilled Tiger Prawns With Choo Chee Sauce, Coconut Cream & Kaffir Lime Leaves	
	211.1 kcal (per 100 gms) / 270 gms (serving size)	

  	PLA NEUNG CHEF SPECIAL OF THE DAY	2600
	Steamed Fillet Of Today's Fish, Seafood Nahm Jim Sauce	
	80.6 kcal (per 100 gms) / 240 gms (serving size)	

  	PHAD PAK RUAM	1400
	Stir Fried Asian Vegetables With Organic Tofu	
	51.9 kcal (per 100 gms) / 376 gms (serving size)	

  	PHAD THAI	
 	Wok Fried Rice Noodles With Egg, Seafood, Dried Chili, Sprouts And Chives	

  	Vegetable 194.5 kcal (per 100 gms) / 370 gms (serving size)	1150
  	Chicken 318.2 kcal (per 100 gms) / 300 gms (serving size)	1250

  	Prawn 289 kcal (per 100 gms) / 300 gms (serving size)	1350
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  	NASI GORENG TAK TAK	1400
 	Jakarta Style Fried Rice With Chicken, Egg, Chili Sambal	
	Served With Fried Egg, Crispy Chicken Wing And Prawn Cracker	
	186 kcal (per 100 gms) / 350 gms (serving size)	

 Vegetarian  Non Vegetarian  Chef's signature  VEGAN

 Dairy  Soya  Tree Nut  Sesame  Mollusks
 Fish  Gluten  Nut  Sesame  Crustaceans
 Milk  Mustard  Lupin  Pork  Egg

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