



BREAKFAST
MONDAY-SUNDAY | 0700HRS - 1030HRS

HEALING JUICES 399

MOJITO

pineapple, lime and mint crushed together with green apple juice and a touch of ice
Superb refreshment after any meal and highly recommended for hyperacidity or reflux.

CLEAN & GREEN

apple, celery, kiwi, lime, honeydew melon and coriander
A delicious 'whole-food' supplement full of nutrients.

FRESH GINGER ALE

ginger, green apple and sparkling mineral water
A sparkling refresher good for digestion.

TUMMY LITE

ginger with cabbage, green apple and carrot
Stimulates and benefits digestive function while reducing acidity.

GREEN ZINGER

celery with lemon, green apple and carrot
Relieves headaches and reduces high blood pressure. Has a calming effect.

RED ZINGER

beet with cucumber, carrot and ginger
Stimulates and cleanses the liver while promoting skin renewal.

BODY CLEANSE

carrot, cucumber, beet, parsley, celery and garlic
Potent body cleanser. High in nutrients and antioxidants.

GENTLE CLEANSE

carrot and apple juice
Gently stimulates the liver and benefits the eyes.

GREEN POWER

leafy greens and parsley with green apple, cucumber, broccoli and lime
Boosts antioxidants, alkalizes and oxygenates your body.

RED EYE

carrot and beetroot
Cleanses the liver and benefits the eyes.

GREEN TWO

spinach and carrot
Digestive support with an abundance of iron and carotenoids.

EARLY START

FRESH JUICES

FRUITS

orange/watermelon/pineapple

VEGETABLES

tomato/ beetroot/carrot/cucumber

LASSI

sweet/ salted/ plain

BUTTERMILK

salted/ masala/plain

SEASONAL SLICED FRUIT PLATTER

locally sourced seasonal fruit selection (5 types)

YOGHURT

plain/ blueberry/ banana

300

300

300

750

350

BIRCHER MUESLI

yoghurt, oats, toasted almonds, apple, carrot and honey

700

CEREAL SELECTION

corn flakes/ wheat flakes/ chevons/ dry muesli/ oat bran
served with full cream, skimmed or soy milk

700

FRESHLY BAKED BAKERY DELIGHTS

choose any 4

700

danish pastry

muffin

doughnut

croissant

bread rolls

toast bread (3 pieces)

white/ multigrain/ brown

served with preserves and butter

AMERICAN BREAKFAST 1400

CHOICE OF FRESH FRUIT / VEGETABLE JUICE (SEASONAL)

or

SEASONAL FRESH FRUITS

BREAKFAST CEREAL WITH HOT / COLD / SOY MILK

or

BIRCHER MUESLI

TWO EGGS YOUR STYLE

fried/ scrambled/ boiled/ omelette

served with pork bacon/ chicken sausage hash brown, grilled tomato, vegetables

BAKERY DELIGHTS (choose any three)

oven fresh croissant / Danish pastry/ muffin/ doughnut

WHITE OR BROWN TOAST

served with butter & preserves

FRESHLY BREWED COFFEE

or

SELECTION OF TEAS

or

HOT CHOCOLATE

CONTINENTAL BREAKFAST 1050

CHOICE OF SEASONAL FRESH FRUIT JUICE

or

SEASONAL FRESH FRUITS

BAKERY DELIGHTS (choose any three)

Oven fresh croissant/ Danish pastry/ Muffin/ Doughnut

WHITE OR BROWN TOAST SERVED WITH BUTTER AND PRESERVES

FRESHLY BREWED COFFEE OR SELECTION OF TEAS OR HOT CHOCOLATE

contains dairy signature dish contains nuts contains pork products

Prices are in Indian rupees. Government taxes as applicable. No service charge levied. Kindly inform us if you have any food related allergies or intolerance.



BREAKFAST
MONDAY-SUNDAY | 0700HRS - 1100HRS

WELLNESS BREAKFAST 1250

- IMMUNE BOOST JUICE**
carrot, orange, green apple, celery, ginger
rich in immune-supportive vitamins
- or
- SEASONAL CUT FRUIT PLATTER**
- COCONUT CINNAMON STEEL CUT OATMEAL**
berries, dates, pumpkin and sunflower seeds
a high fiber, naturally sweetened, whole grain breakfast
- 2 EGGS OMELETTE WITH ASPARAGUS, MUSHROOM AND SPINACH**
served with grilled tomatoes and vegetables

LOCAL BREAKFAST 1250

- CHOICE OF PARATHA**
potato/onion/cauliflower/cottage cheese
or
- DOSA**
Plain/Masala
served with chutney and sambhar
- SEASONAL FRESH FRUITS**
- LASSI**
Sweet/ Salted
or
- FRESHLY SQUEEZED JUICE**
orange/ carrot/ pineapple/ watermelon
freshly brewed coffee or selection of teas or hot chocolate
- EGG COOKERY**
all egg preparations are served with hash brown, choice of chicken sausage /pork bacon choice of toast - white, brown, multigrain
- TWO EGGS ANY STYLE**
fried / poached / boiled / omelette
Choice of
Vegetables- onion/tomato/mushroom/bell pepper/asparagus/spinach
Meats- chicken/pork ham/pork bacon
Cheese - cheddar/goat cheese/jets/commenhal
- EGGS BENEDICT** **1000**
pork ham, English muffin, poached egg, hollandaise
- THREE EGGS INDIAN STYLE MASALA OMELETTE** **900**
local street style omelette with onion, tomato, green chilli and coriander

SIDE PORTIONS

- SEASONAL BUTTERED VEGETABLES** **250**
- GRILLED TOMATO** **250**
- SAUTÉED MUSHROOM** **250**
- HASH BROWN** **250**
- PORK BACON** **450**
- CHICKEN SAUSAGE** **450**

INDULGENCE

- BRIOCHE FRENCH TOAST** **800**
berry compote, maple syrup, whipped cream
- BUTTERMILK PANCAKES** **800**
berry compote, maple syrup, whipped cream

ALA CARTE BREAKFAST

- DOSA** **800**
plain/ masala/ mysore masala/ ragi
crisp-thin rice pancakes served with sambhar and chutneys
- MASALA UTTAPAM** **800**
rice and lentil pancakes, topped with chopped vegetables,
served with sambhar and chutneys
- IDLI** **750**
steamed rice cakes, served with sambhar and chutneys
- WHOLE WHEAT POORI (4 PCS)** **750**
deep fried breads, served with potato curry and pickle
- STUFFED TAWA PARANTHA (2 PCS)** **750**
Potato/Onion/Cauliflower/Cottage cheese
served with housemade white butter, yoghurt, pickle
- 900** **MASALA DALIYA** **650**
broken wheat porridges, cooked with onion, tomato and Indian spices

SOLD					
	ROASTED CHICKEN AND BASH SOUP	SFO	750		
SANDWICHES-BURGERS-ROLLS					
	THE SANDWICH	EWR	1250		
	VEGETARIAN CLUB	EWR	1200		
	SUB PREP: KEN, RENO AND CHICKEN	CAI	1300		
	WITH "BIRCHMAN" SPREAD AND	HAP	1300		
	WINTER WINTER SATELLITE	LEO	1100		
	CRUSTED CHICKEN NAKI	HAP	1100		
	WINTER WINTER SATELLITE	HAM	1100		
	WINTER WINTER SATELLITE	EWR	1100		
	WINTER WINTER SATELLITE	LEO	1100		
SALADS					
	MUSZIE PLATE	IST	1200		
	WINTER WINTER SATELLITE	CDG	1100		
	MUSZIE PLATE	HAP	1100		
	MUSZIE PLATE	LIM	1200		
SUSHI ROLLS AND					
	TEMPURA ASPARAGUS ROLL		1100		
	SEIJI ROLL		1100		
	GREEN SATELLITE ROLL		1100		
	THE TONIC ROLL		1100		
	SALMON ROLL		1100		
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KIDS MENU

MONDAY-SUNDAY | 12:00HRS - 23:30HRS

	MAC & CHEESE 	550
	<i>baked macaroni & cheese</i>	
	PEANUT BUTTER SANDWICH  	300
	<i>peanut butter spread on a slice of bread</i>	
	GRILLED HOT DOG 	650
	<i>grilled smoked sausage with barbeque sauce</i>	
	FISH STRIPS	650
	<i>flaky & tender fish sticks served with tartar sauce</i>	
	FRENCH FRIES	350
	<i>batten shaped deep fried potato</i>	
	SMILEY	350
	<i>happy shaped crispy fried potato</i>	
	MILKSHAKE 	350
	<i>chocolate, vanilla, strawberry, banana</i>	