

The Sky House

FOOD MENU



ALLERGEN INFORMATION



GLUTEN



PEANUTS



TREE NUTS



CELERY



MUSTARD



LUPIN



EGGS



MILK



SESAME



SOYA



SULPHITES

An average adult requires 2000 kcal energy per day; however, energy needs may vary.
The portion size and calorific calculation are indicative and may vary during production. We use olive oil, refined oil, mustard oil and vegetable oils as medium of cooking in our food preparations.
Goods & Services Tax is applicable. We levy service charge which is optional.

Burgers

- 'Aroma' Classic Burger**   **350**
(Crispy Fried Vegetable Patty Topped with Cheese, Tomato, Cucumber & Lettuce)
(Per Serve (~300gms) 680 kcal)
- Palm Plant Burger**   **350**
(Spinach, Tender Green Peas Patty Topped with Cream and Cheese)
(Per Serve (~300gms) 761 kcal)

Sandwiches

- Coleslaw Sandwich**   **350**
(Three Layered Authentic Preparation with Mélange of Coleslaw, Cucumber, Tomato & Cheese)
(Per Serve (~300gms) 791 kcal)
- Garden Fresh Sandwich**   **350**
(Grilled, Toasted, Plain or Finger Style with Garden Vegetables)
(Per Serve (~300gms) 834 kcal)
- Veg Club Sandwich**   **375**
(Fusion Style Sliced Paneer Clubbed Together with Indian Herbs & Spices)
(Per Serve (~250gms) 817 kcal)

Risotto

- Cheesy Vegetable Risotto**  **435**
(Perfect Blend of Arborio Rice, Vegetables and Parmesan Cheese)
(Per Serve (~300gms) 611kcal)
- Tomato And Basil Risotto**  **450**
(Arborio Rice Tossed with Tomato Sauce, Basil and Herbs)
(Per Serve (~300gms) 750kcal)



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Pizza

- | | | |
|--|---|-----|
| | Pizza Margherita
(Concoction of Tomatoes and Mozzarella Cheese with Basil)
(Per Serve (~320gms) 560 kcal) | 515 |
| | Greek Pizza
(Combination Of Bell Pepper, Olives and Feta Cheese Enhancing Your Taste Buds)
(Per Serve (~300gms) 580 kcal) | 525 |
| | Burn Garlic & Feta Cheese Pizza
(Feta Cheese and Roasted Garlic Married with Fresh Basil)
(Per Serve (~300gms) 560 kcal) | 525 |
| | California Pizza
(An English delight poured with Onion, Tomatoes and Black Olives)
(Per Serve (~350gms) 432 kcal) | 535 |
| | Deluxe Vegetable Pizza
(Simplicity at its best with combination of Vegetables in four different ways)
(Per Serve (~350gms) 650 kcal) | 535 |
| | Peppy Paneer Pizza
(Indo Italian Mélange of Cottage Cheese, Capsicum and Spicy Red Pepper)
(Per Serve (~350gms) 650 kcal) | 555 |
| | Mexican Pizza
(Onion, Tri Capsicum, Jalapeno & Olives)
(Per Serve (~350gms) 650 kcal) | 555 |

Tacos

- | | | |
|--|---|-----|
| | Veggie Tacos
(Grilled Zucchini, Mushrooms)
(Per Serve (~200gms) 190 kcal) | 385 |
| | Tacos Salad Style
(Crunchy Vegetables with Garlic Mayonnaise)
(Per Serve (~200Gms) 520 kcal) | 385 |
| | Mexican Jalapeno Style Tacos
(Pickle Jalapeno, Carrot, Onion and Salsa)
(Per Serve (~200Gms) 459 kcal) | 385 |
| | Paneer Tacos
(Grilled Cottage Cheese, Bell Pepper)
(Per Serve (~200gms) 592 kcal) | 395 |



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Pastas

Choice of Pasta: - (Penne, Spaghetti, Macaroni or Fusilli)
Choice of Add On: (Mushrooms, Broccoli, Olives)

- **Arrabbiata**   425
(Roman delight Pasta spiced with Peppers, Garlic and Tomato Sauce)
(Per Serve (~250gms) 365 kcal)
- **Alfredo**  425
(Mouthwatering Blend of Pasta with Creamy Cheese Sauce)
(Per Serve (~250gms) 410 kcal)
- **Pomodoro**   450
(A Sweet N Sour Concoction of Basil Tomato Sauce)
(Per Serve (~250gms) 478 kcal)
- **Creamy Mushroom Pasta**  515
(An all-time favorite Pasta Mingled with Mushrooms and Creamy Sauce)
(Per Serve (~300gms) 825 kcal)

Lasagna

- **Creamy Potato Lasagna**  415
(Delightful Blend of Potatoes with Cheese)
(Per Serve (~300gms) 550kcal)
- **Vegetable Lasagna**  450
(A Brave Meal of Vegetables loaded with Cheese and Tomato Sauce)
(Per Serve (~300gms) 645kcal)
- **Creamy Spinach & Mushroom Lasagna**  465
(Mélange of Spinach and Mushroom with layered Cheese)
(Per Serve (~300gms) 710kcal)



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Aroma Sweet Buds

- Chocolate Brownie with Ice Cream**   225
(Per Serve (~240gms) 549 kcal)
- Selection of Ice Cream**  200
(Choice Of Chocolate, Vanilla, Butterscotch and Strawberry)
(Per Serve (~120gms) 166 kcal) (2 scoops)
- Fresh Fruit Salad** (Per serve (~300gms) 453 kcal) 250



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Beverages

Water Melon Fizz

225

Aerated Watermelon Juice
(Per Serve (~230ml) 96 Kcal)

Dark Surprise

225

Coke, Ginger Syrup, Lemon Chunks
(Per Serve (~230ml) 96 Kcal)

Flavored Lemonade

225

Plain Lemon | Green Apple | Peach | Watermelon | Herbs Spices
(Per Serve (~230ml) 159 Kcal)

Watermelon Slush

225

Watermelon, Ice
(Per Serve (~180ml) 84 Kcal)

Pineapple Cooler

225

Pineapple, Tamarind Extract, Orange Juice
(Per Serve (~230ml) 221 Kcal)

Choice of Milkshakes

225

Vanilla | Strawberry | Chocolate
(Per Serve (~350ml) 212 Kcal)

Cold Coffee

250

(Per Serve (~250ml) 133 Kcal)

Fresh Juice

200

Orange | Watermelon | Mix Fruit
(Per Serve (~200ml) 97Kcal)

Ice Tea

225

Peach And Lemon
(Per Serve (~230ml) 95 Kcal)

Packaged Drinking Water

99

Aerated Beverage (Can)

150



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PALM BLISS - RISHIKESH