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STACKED UP

Classic Pancake

Wholewheat beaten with eggs, tossed & served with fresh fruits, honey & maple syrup.

180 /-

Quinoa Pancake

Quinoa, egg, whole wheat, apple, banana, pomegranate, granola.

180 /-

Eggless Pancake

Wholewheat beaten without eggs, tossed & served with fresh fruits, honey & maple syrup.

215 /-

Cinnamon Pancake

Wholewheat beaten with eggs & cinnamon, tossed & served with fresh fruits, honey & maple syrup.

225 /-

Banana Oats Pancake

Banana & oats flour beaten with eggs, tossed & served with fresh fruits & maple syrup.

230 /-



Deviled Eggs

Stuffed Boiled Eggs.

Pesto

175/-

Avocado

220/-

French Toast

Wholewheat bread, dipped and pan-fried in egg batter.

Classic

180/-

Savory

200/-

Breakfast kick starts your metabolism and provides the energy you need to tackle the day. Our breakfast options are designed to give you a nutritious and flavorful boost every morning.

Did you know?



The Breakfast Club

Rise and Shine with Lusty Lettuce's Breakfast Delights

EGG-CELLENT CHOICE

Sunny Side Up

Served with wholewheat bread.

125 /-

Scrambled Eggs

Served with wholewheat bread.

140 /-

Classic Omelette

Choose add ons: Mushroom, Onion,
Tomato, Broccoli , Bell pepper.
Served with wholewheat bread.

150 /-

Chicken Salami Omelette

Served with wholewheat bread.

220 /-

English

Breakfast

Choice of eggs, bacon, sausages,
tomatoes, mushrooms, baked
beans with toast.

350 /-



Big Plates

*A selection of exceptional meals
to calm the hunger pains*

☉ Buddha Bowl

Veggies, couscous, chickpeas, avocado
with a side of tzatziki & hummus

☉ Tofu

₹300

Calories: 423 kcal, Fat: 44g, Protein: 22g,
Carbs: 49g, Dietary Fiber: 12g

☉ Cottage Cheese

₹300

Calories: 687 kcal, Fat: 65g, Protein: 37g,
Carbs: 49g, Dietary Fiber: 12g

☉ Chicken

₹350

Calories: 530 kcal, Fat: 42g, Protein: 50g,
Carbs: 47g, Dietary Fiber: 11g

✓☉ Vegan Bowl

₹320

Quinoa, tofu, chickpeas, spinach, rocket
leaves, cherry tomato & tahina dip

Calories: 270 kcal, Fat: 7.5g, Protein: 17.8g,
Carbs: 27g, Dietary Fiber: 7g

☉ Lusty Fish Bowl

₹455

Nutty yogurt, cajun spiced fish,
avocado-pineapple salsa, leafy salad,
& american corn

Calories: 420 kcal, Fat: 11.8g, Protein: 35g,
Carbs: 51g, Dietary Fiber: 7g



☉ Grilled Cottage Cheese ₹295

Pesto marinated cottage cheese patty
served with veggies, mashed potato
& mint dip

Calories: 468 kcal, Fat: 31g, Protein: 26g,
Carbs: 16g, Dietary Fiber: 2g

☉ Grilled Fish

₹320

Chimichurri marinated grilled fish
fillet served with mashed potatoes

Calories: 363 kcal, Fat: 20g, Protein: 31g,
Carbs: 9g, Dietary Fiber: 2g



☉ Chicken Steak

₹325

Grilled chicken breast served with
tossed veggies & mashed potatoes

Calories: 288 kcal, Fat: 9g, Protein: 38g,
Carbs: 6g, Dietary Fiber: 2g

☉ Chicken Roulade ₹365

Veggies & cottage cheese wrapped in
chicken breast, served with tossed veggies,
mashed potatoes & red wine dressing

Calories: 357 kcal, Fat: 13g, Protein: 42g,
Carbs: 9g, Dietary Fiber: 2g

☉ Stuffed Chicken

₹365

Stuffed chicken breast in
mushroom sauce served with tossed
veggies & mashed potatoes

Calories: 372 kcal, Fat: 16g, Protein: 44g,
Carbs: 9g, Dietary Fiber: 2g

*Prices are exclusive of taxes

✓ Vegan

GF

Gluten-free

★

Chef's Recommendation

SPROUT SALAD



Sprouted
mung, black
gram &
fenugreek.

195 /-

Spanish Millet Salad

280/-

Green peas, cashew nut,
almond, bell pepper, red
cabbage, bajra, creamy
parsley sauce.

Cut Fruit Salad

230/-

Freshly cut seasonal fruits, in
lemon dressing.

Avocado Pineapple Salad

350/-

Fresh pineapple, avocado, onion,
tomato in sweet chilli dressing.

Avocado Orange Salad

350/-

Avocado, orange, crunchy nuts
in honey mustard dressing.



Lentil Salad

220/-

Pumpkin, beetroot,
walnut, lentil, iceberg,
lime pepper dressing.

Cottage
cheese,
chickpeas
& veggies.

240/-

HIGH PROTIEN SALAD





Daily Greens

Experience Freshness in Every Bite

Watermelon 180 /-

Cucumber Feta Salad

Juicy watermelon tossed with honey cucumber feta & mint.

Grilled Veg Salad 215 /-

Baby corn, zucchini, cherry tomatoes, broccoli, mushroom & french beans.

Quinoa Salad 230 /-

Quinoa, veggies in a pomegranate molasses dressing.

Fattoush Salad 240 /-

Toasted pita, feta cheese, lettuce, onion, tomato, cucumber & bell peppers.

Corn Cob Salad 250 /-

Corn cob, cucumber, avocado, spring onion, yogurt dressing.

Soba Noodle Salad 250 /-

Soba noodles, edamame, broccoli, green beans, avocado, tofu, ginger soy dressing.



Leafy greens like spinach and kale are rich in antioxidants and vitamins. They can help support your immune system and promote healthy skin. Enjoy the freshness in every bite of our salads.

Fun Fact



Veg Grilled Sandwich

200 /-

Caprese Sandwich

Sourdough bread topped with tomatoes, pesto, basil leaves, mozzarella cheese & balsamic.

205 /-

Spinach Mushroom Sandwich

Sourdough bread topped with sauteed spinach & mushrooms on a labneh spread.

220 /-

Chicken Open Sandwich

Sourdough bread topped with red wine chicken.

300 /-

Guacamole Sandwich

Sourdough bread topped with guacamole, avocado, nigella seeds & microgreens.

260 /-

SANDWICHES