

# BREAKFAST

6:30 AM - 11:00 AM

O K R A

## Fit For You 800 GRAMS - 621 KCAL

899/55E

Choice of Cereals - Cornflakes/Rice Krispies/Choco flakes/Muesli  
Selection of milk - Soy/Skimmed/Almond/Whole milk  
Sliced fresh fruit, freshly squeezed seasonal fruit juice

## Good Start Breakfast 1500 GRAMS - 1076 KCAL

1099/67E

Choice of Oatmeal/ Bircher muesli or Cereals - Cornflakes/ Wheat flakes/ Choco flakes/ Muesli  
Selection of milk - Soya/ Skimmed/ Full cream milk  
Choice of morning bakeries - Danish/ Croissant/ Muffin/ Doughnut  
Sliced fresh fruit, freshly squeezed seasonal fruit juice  
Choice of Coffee/Tea

## Indian Breakfast 800 GRAMS - 1540 KCAL

1199/73E

Choose from Aloo parathas with yoghurt/ Poori bhaji/ Masala dosa/ Uttapam with sambhar and chutney  
Choice of Sweet/Salted lassi /freshly squeezed seasonal fruit juice  
Choice of Coffee/Tea

## Marriott Breakfast 1700 GRAMS - 1020 KCAL

1299/79E

Two eggs cooked as per your preference- Omelet, Fried, Poached, Scrambled or Boiled  
Served with crisp hash browns, sautéed mushrooms, grilled tomatoes.  
Select- Pork bacon, Pork or Chicken sausages  
Choice of morning bakeries - Danish/Croissant/Muffin/Doughnut  
Choice of cereals - Cornflakes/Rice Krispies/Choco flakes/Muesli  
Selection of milk - Soy/Skimmed/Whole milk  
Sliced fresh fruit, freshly squeezed seasonal fruit juice  
Choice of Coffee/Tea

## Signature Eggs

### Two Eggs Any Style

549/33E

Omelette 220 GRAMS - 394 KCAL

Fried Egg 220 GRAMS - 420 KCAL

Poached Egg 220 GRAMS - 316 KCAL

Scrambled Egg 220 GRAMS - 326 KCAL

Boiled Egg 120 GRAMS - 172 KCAL

Served with crisp hash browns, sautéed mushrooms, grilled tomatoes.  
Select- Pork bacon, Pork or Chicken sausages  
Choice of toast - White/ Whole wheat bread

### Three Egg Omelet or Masala Omelet 250 GRAMS - 553 KCAL

599/37E

Sautéed mushrooms, hash brown potato, roasted tomato  
Select - Pork bacon or Pork/Chicken sausages  
Choice of toast - White/ Whole wheat bread

 **Eggs Benedict** 220 GRAMS - 574 KCAL    599/37E  
English muffin, ham, poached eggs, topped with hollandaise sauce

 **Eggs Florentine** 228 GRAMS - 477 KCAL    599/37E  
English muffin, poached eggs, sautéed spinach, topped with hollandaise sauce

## Western Selections - Classics

 **Waffle** 250 GRAMS - 760 KCAL   599/37E  
Caramelized banana, maple syrup, melted butter, berry compote, whipped cream

 **Pancakes** 250 GRAMS - 568 KCAL   599/37E  
Caramelized banana, maple syrup, melted butter, berry compote, whipped cream

 **Bircher Muesli** 220 GRAMS - 812 KCAL    599/37E  
Oats soaked overnight in yogurt, grated apples and nuts

 **Cheese platter** 220 GRAMS - 858 KCAL    1249/76E  
Assorted cheese with preserves, walnuts, almonds and crackers

 **Fresh cut fruit platter** 250 GRAMS - 189 KCAL  599/37E

**Assorted Baker's Basket** 380 GRAMS - 852 KCAL 599/37E

 Muffin/ Danish/ Croissant  

 Doughnut   

 **Bread & Loaves** 220 GRAMS - 858 KCAL  349/21E  
White/ Whole wheat/ Multigrain/ Sourdough/ Rye bread/ Gluten-free bread served with butter & preserves

 **Brioche French Toast** 250 GRAMS - 600 KCAL    599/37E  
Caramelized banana, maple syrup, melted butter, berry compote, whipped cream

## Breakfast Cereal Bowl

### HOT BOWLS

 **Almond Butter and Banana Oatmeal** 250 GRAMS - 228 KCAL    599/37E  
Organic rolled oats, Almond milk with almond butter and bananas

## COLD BOWLS

-  **Blueberry Muffin Granola with greek yogurt breakfast bowl** 250 GRAMS - 700 KCAL   **599/37E**
-  **Orange, Banana and Cinnamon quinoa breakfast bowl** 250 GRAMS - 870 KCAL  **599/37E**
-  **Avocado and Farm fresh berry with a chia breakfast bowl** 250 GRAMS - 255 KCAL  **599/37E**
-  **Choice of Cereals** 250 GRAMS - 228 KCAL   **499/30E**  
 Cornflakes/ Choco flake/ Muesli/ Wheat flakes/ Gluten-free cereal  
 Selection of milk - Soya/ Skimmed/ full cream milk

## Yogurt Bowl

-  **Flavoured yogurt** 200 GRAMS - 293 KCAL  **399/24E**
-  **Greek yogurt** 200 GRAMS - 290 KCAL  **399/24E**
-  **Granola parfait** 250 GRAMS - 413 KCAL    **599/37E**
-  **Overnight chia seeds with coconut milk, cinnamon, banana & orange** 250 GRAMS - 295 KCAL  **599/37E**
-  **Kiwi & Red Cherry yogurt** 200 GRAMS - 220 KCAL  **599/37E**

## Breakfast Small Sides

-  **Baked Beans** 150 GRAMS - 233KCAL **379/23E**
-  **Potato Wedges/ Hash brown** 100 GRAMS - 326 KCAL  **379/23E**
-  **Sautéed vegetables** 200 GRAMS - 203 KCAL  **379/23E**
-  **Chicken Sausage** 168 KCAL / **Pork Sausage** 268 KCAL / **Bacon** 100 GRAMS - 541 KCAL **479/29E**

# Western Main Course

- Soft Herb Polenta** 250 GRAMS - 213 KCAL (V) **899/55E**  
 Chunky mushroom ragout, ribbon vegetables
- Tofu Malfatti** 250 GRAMS - 430 KCAL (V) **949/58E**  
 Steamed tofu dumpling with spinach, olives, warm romanesco sauce and potato crisps
- Vegetable Quesadillas** 300 GRAMS - 1029 KCAL (V, GF) **999/61E**  
 Served with tomato salsa, sour cream and guacamole
- Grilled Salmon** 250 GRAMS - 280 KCAL (GF) **2049/125E**  
 Quinoa bed, garlic tossed asparagus and orange burre blanc
- FISH N CHIPS** 250 GRAMS - 835 KCAL (GF, GF, GF) **1249/76E**
- Chicken Quesadillas** 300 GRAMS - 852 KCAL (GF, GF) **1049/64E**  
 Served with tomato salsa, sour cream and guacamole
- Pan-seared chicken breast** 250 GRAMS - 330 KCAL (V) **999/61E**  
 Potato mash, grilled vegetables and jus

# Asian Main Course

- Make your own dish** (V, GF) **899/55E 1049/64E 1249/76E**  
 Vegetables 350 GRAMS - 427 KCAL  
 Chicken 350 GRAMS - 830 KCAL  
 Prawns 350 GRAMS - 521 KCAL (GF)  
**CHOICE OF SAUCES**  
 Black Bean Sauce/ Oyster Chilli Sauce/ Chilli Garlic Sauce/ Spicy Szechuan Pepper Sauce
- Thai Curry** **999/61E 1049/64E 1249/76E**  
 Served with jasmine rice  
 Vegetables (Red 350 GRAMS - 427 KCAL) (Green 350 GRAMS - 438 KCAL)  
 Chicken (Red 350 GRAMS - 638 KCAL) (Green 350 GRAMS - 633 KCAL)  
 Prawns (Red 350 GRAMS - 521 KCAL) (Green 350 GRAMS - 537 KCAL) (GF)
- Wok Fired Rice** **729/44E 729/44E 799/49E 949/58E**  
 Vegetables 280 GRAMS - 521 KCAL (GF, GF)  
 Egg 280 GRAMS - 448 KCAL (GF, GF, GF)  
 Chicken 280 GRAMS - 454 KCAL (GF, GF, GF)  
 Shrimps 280 GRAMS - 538 KCAL (GF, GF, GF, GF)
- Wok Tossed Noodles** **729/44E 729/44E 799/49E 949/58E**  
 Vegetables 280 GRAMS - 330 KCAL (GF, GF)  
 Egg 280 GRAMS - 483 KCAL (GF, GF, GF)  
 Chicken 280 GRAMS - 338 KCAL (GF, GF, GF)  
 Shrimps 280 GRAMS - 322 KCAL (GF, GF, GF, GF)



Prices are in Indian rupees and applicable to government taxes. If you have any food allergies, please alert your server prior to ordering. "E" indicates earn bonvoy points and points may vary as per current USD rates.

Consuming raw or uncooked meats, poultry, seafood, shellfish or egg may increase your risk of food borne illness. Calories information as per standard one portion serving. An average active adult requires 2000k cal energy per day. Calories needs may vary.

# LUNCH & DINNER

11:00 AM - 11:30 PM

O K R A

## Salads and Appetizers

### Caesar Salad

 **VEGETABLE** 150 GRAMS - 272 KCAL  

Crispy romaine lettuce, parmesan, garlic croutons

849/52E

 **CHICKEN** 220 GRAMS - 561 KCAL   

Crispy romaine lettuce, parmesan, garlic croutons, crispy bacon, grilled chicken breast

949/58E

 **Quinoa Salad** 220 GRAMS - 271 KCAL 

A gluten free pseudo-cereal high in protein and fiber, roasted bell peppers, mushroom, zucchini, citrus dressing

849/52E

 **Vegetable spring roll** 200 GRAMS - 472 KCAL  

849/52E

 **Crispy corn niblets, Sriracha, Chili, Lemon** 200 GRAMS - 530 KCAL  

799/49E

 **Nawabi Paneer Tikka** 160 GRAMS - 325 KCAL  

Nuts, yoghurt, garlic marinated cottage cheese, char grilled in tandoor

849/52E

 **Chatpate Tandoori Aloo** 190 GRAMS - 325 KCAL 

Indian spiced marinated baby potatoes, cooked in tandoor

799/49E

 **Dahi Papdi Chat** 220 GRAMS - 418 KCAL  

Papdi, sweet yogurt, chopped onion, tomatoes, green chili, mint chutney, tamarind chutney

749/46E

 **Chicken Tikka Chat** 220 GRAMS - 532 KCAL 

Chicken tikka, onion, tomato, green chili and mint chutney

799/49E

 **Mediterranean Slow Poached Chicken Salad** 220 GRAMS - 1205 KCAL 

Artichoke, olives, cherry tomato, spinach, sour cream, fresh mesclun, chili vinaigrette

949/58E

 **Schezwan Fried Fish** 200 GRAMS - 219 KCAL   

999/61E

 **Sarson Mahi Tikka** 160 GRAMS - 145 KCAL  

Mustard and yoghurt marinated sole fish cubes, cooked in tandoor

999/61E

 **Mathania Murgh Tikka** 160 GRAMS - 195 KCAL 

Marinated boneless chicken, gram flour, mathania red chili, spices, yoghurt, cooked in tandoor

999/61E

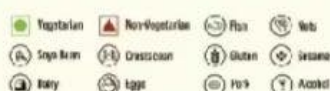
 **Indonesian chicken satay, peanut sauce** 200 GRAMS - 454 KCAL  

1049/64E

 **Gosht Seekh Kebab** 190 GRAMS - 328 KCAL 

Saffron, royal cumin-spiced lamb mince, skewered, finished in tandoor

1049/64E



Prices are in Indian rupees and applicable to government taxes. If you have any food allergies, please alert your server prior to ordering. "E" indicates earn bonus points and points may vary as per current USD rates.

Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. Calories information as per standard one portion serving. An average active adult requires 2000k cal energy per day. Calorie needs may vary.

# Pizza

- Pizza Del Casa** 376 GRAMS - 964 KCAL (V) (A) (G) 949/58E  
 Sundried tomatoes, garlic, jalapenos, pesto
- Pizza Margherita** 376 GRAMS - 720 KCAL (V) (A) 899/55E  
 Home made fresh tomato sauce, mozzarella cheese & fresh basil
- Indiana** 949/58E 1049/64E  
 Bell peppers, onion, tomatoes
- Paneer Tikka** 376 GRAMS - 768 KCAL (V) (A)
- Chicken Tikka** 375 GRAMS - 776 KCAL (V) (A)
- Pizza Calabrese** 375 GRAMS - 1056 KCAL (V) (A) (G) 1249/76E  
 Spicy pork pepperoni, red onion, tomato, mozzarella

# Pasta & Risotto

- Wild Mushroom Risotto** 250 GRAMS - 233 KCAL (V) (A) 999/61E
- Spinach Ricotta Cannelloni** 250 GRAMS - 413 KCAL (V) (A) 899/55E  
 Sautéed spinach and ricotta cheese rolled in a pasta sheet
- Fusili Alfredo** 899/55E 999/61E  
 Cream sauce, green peas, parmesan cheese
- Vegetable** 250 GRAMS - 520 KCAL (V) (A)
- Chicken** 250 GRAMS - 636 KCAL (V) (A)
- Penne Arrabiata** 899/55E 999/61E  
 Penne, garlic-flavoured tomato sauce
- Vegetable** 250 GRAMS - 195 KCAL (V) (A)
- Chicken** 250 GRAMS - 363 KCAL (V) (A)
- Spaghetti Lamb Bolognese** 375 GRAMS - 268 KCAL (V) (A) (G) 1099/67E  
 Minced lamb, tomatoes, red wine, parmesan
- Chicken Risotto** 250 GRAMS - 238 KCAL 1049/64E

# Vegan/ Plant-Based

- **Avocado Toast with confit tomato** 220 GRAMS - 449 KCAL (5) (3) **749/46E**
- **Korean Kimchi, Tofu, Scrambled on rye toast** 220 GRAMS - 62 KCAL (5) (5) **749/46E**

## Regional Breakfast

- **Idli** 350 GRAMS - 683 KCAL (5) **499/30E**  
Steamed rice and lentil cakes, served with sambhar & chutney
- **Dosa** 350 GRAMS - 676 KCAL (5) (3) **599/37E**  
Plain, butter or masala, served with sambhar & chutney
- **Uttapam** 350 GRAMS - 676 KCAL (5) (3) **599/37E**  
Plain or with onion, tomato, coriander, served with sambhar & chutney
- **Upma** 350 GRAMS - 732 KCAL (5) (3) (5) **549/33E**  
Roasted semolina, vegetables served with sambhar & chutney
- **Stuffed Parathas** 400 GRAMS - 1264 KCAL / 682 KCAL / 566 KCAL (5) (3) **599/37E**  
Whole wheat bread stuffed with choice of potato/cauliflower/cottage cheese served with set curd and homemade pickle
- **Poori Bhaji** 350 GRAMS - 665 KCAL (5) (3) **599/37E**  
Deep-fried whole wheat flour bread, potato curry

## Beverages

- **Freshly Brewed Coffee** (3) **449/27E**  
Cappuccino, Espresso, Cafe Latte, Decaf
- **Selection of Teas** **449/27E**  
Organic & Decaf - Assam, English Breakfast, Earl Grey, Chamomile, Green, Masala
- **Freshly squeezed fruit juice** **449/27E**  
Orange, Watermelon, Pineapple
- **Chilled Juices** **349/21E**  
Mango, Litchee, Guava
- **Hot milk/ Cold milk** (3) **329/20E**  
Full cream/ Low fat/ Soya/ Almond
- **Hot chocolate** (3) **399/24E**

- 
**Kung Pao Chicken**
350 GRAMS - 980 KCAL



1049/64E
- Cantonese style chicken, cashew nut, dark soy and vinegar
- 
**Nasi Goreng**
350 GRAMS - 575 KCAL





1299/79E
- Indonesian fried rice served with pickled salad, fried egg, chicken satay and prawn crackers

## Indian Main Course

- 
**Paneer Aap Ki Pasand**
300 GRAMS - 510 KCAL


899/55E
- Cottage cheese with choice of gravy
- Makhani** 300 GRAMS - 510 KCAL


Rich tomato and cashew nut gravy
- Kadhai** 300 GRAMS - 892 KCAL


Roasted coriander seeds, cumin, fenugreek, dry red chili, onion and tomato gravy
- Palak gravy** 300 GRAMS - 618 KCAL

Cumin tempered pureed spinach
- 
**Subz Nizami Korma**
300 GRAMS - 480 KCAL


849/52E
- Mixed vegetables cooked in a rich tomato and cashew nut gravy
- 
**Aloo Gobi Adraki**
300 GRAMS - 267 KCAL


799/49E
- Cumin, green chili and ginger tempered cauliflower and potatoes
- 
**Dal Makhani**
280 GRAMS - 518 KCAL

949/58E
- Slow-cooked black lentils simmered with tomatoes, cream and butter
- 
**Tadkewali Dal**
290 GRAMS - 381 KCAL

849/52E
- Yellow lentils tempered with onion, ginger, cumin and chili
- 
**Khichdi**
350 GRAMS - 1155 KCAL

649/40E
- Basmati rice and yellow lentils simmered with vegetables
- 
**Homemade Fish Curry**
300 GRAMS - 435 KCAL


1049/64E
- Fish cooked in ground spices and tempered with curry leaves
- 
**Murg Makhanwala**
300 GRAMS - 488 KCAL


1049/64E
- Boneless chicken cubes tossed in rich tomato gravy
- 
**Gosht Khada Masala**
450 GRAMS - 590 KCAL

1149/70E
- Lamb cooked with tomatoes, brown onion and tempered with whole spices