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ORIENTAL
BAR & KITCHEN

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MENU



Introduction to Ging

Ging is an ongoing experiment in Oriental dining.

Our primary inspiration was the Colonial Orient – mystical dragons, underground bands, hearty flavours and of course an Anglicized menu.

Ging is a Neologism – a word with meaning from the Colonial and the Orient. The Shakespearean word for "gang" was Ging and we thought it would be a fabulous place to start – the restaurant where you come with your gang and celebrate the life. What better word to play on that Ginseng, the oriental root for eternal life.

On this menu you will find tastes of the new Modern Orient – the new center of the universe, the global melting pot of culture. We are influenced by the hawkers of Malaysia, the Seafood of Singapore, the quirk of Peranakan, all coming together in this premininantly Chinese menu.

Gin at Ging makes a fashionable comeback with homemade flavours to suit your mood. Have it neat, or ask your bartender for a smoky cocktail.

Our team has been working hard at sustain ability & healthy dining. Most of our ingredients are ORGANIC and from sustainable sources, sought from LOCAL farms. Sustainable farming, local produce, chemical free and MSG free are the pillars in which we will continue our experiment in dining.

Enjoy your experience with us and we look forward to your continued patronage..



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Soup



Crab & Asparagus



Bird eye chilli, white egg, thick
Energy- 45.75 kcal | Carbohydrates- 5.30 gms | Protein- 4.82 gms | Fats- 0.30 gms

475

Lemon Coriander Soup

Clear soup with fresh coriander leaf



Vegetables

Energy- 21.80 kcal | Carbohydrates- 2.82 gms | Protein- 1.95 gms | Fats- 0.26 gms



Chicken

Energy- 87.63 kcal | Carbohydrates- 6.87 gms | Protein- 7.88 gms | Fats- 3.08 gms

350

425

Sichuan Hot & Sour

Spicy and hot soup with vegetables, mushrooms, spices and soy



Vegetable



Energy- 55.03 kcal | Carbohydrates- 4.10 gms | Protein- 5.01 gms | Fats- 1.06 gms



Chicken



Energy- 123.26 kcal | Carbohydrates- 8.48 gms | Protein- 10.16 gms | Fats- 5.46 gms

350

425

Creamed Corn

Soft sweet corn kernels puree with green onion



Vegetable

Energy- 69.00 kcal | Carbohydrates- 11.21 gms | Protein- 3.71 gms | Fats- 1.46 gms



Chicken



Energy- 138.32 kcal | Carbohydrates- 12.37 gms | Protein- 10.52 gms | Fats- 5.68 gms

350

425

Hunan Wonton Soup



Vegetable

Energy- 50.68 kcal | Carbohydrates- 8.95 gms | Protein- 2.52 gms | Fats- 0.61 gms



Chicken

Energy- 205.03 kcal | Carbohydrates- 23.57 gms | Protein- 9.66 gms | Fats- 7.84 gms

350

425



Molluscs Egg Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites

All prices are in INR | Government taxes and service charge as applicable.





Salads

- Edamame Som Tum



Cross cultural, spicy papaya, carrot ribbons

Energy- 101.68 kcal | Carbohydrates- 12.76 gms | Protein- 4.08 gms | Fats- 3.70 gms

450
- Cucumber & Fungus Salad



Cold cucumber ribbon, wild fungus, peanuts, simple

Energy- 36.09 kcal | Carbohydrates- 5.14 gms | Protein- 1.64 gms | Fats- 1.04 gms

450
- Crispy Duck



Wok duck, rocket lettuce, pomegranate, peanuts, sweet soya dressing

Energy- 93.73 kcal | Carbohydrates- 5.25 gms | Protein9.53 gms | Fats- 3.74 gms

475



Molluscs

Egg

Fish

Lupin

Soya

Milk

Peanuts

Gluten

Crustaceans

Mustard

Nuts

Sesame

Celery

Sulphites

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Dim Sum & Dumplings

▲	Shrimp Dumplings	  	500
	Energy- 126.81 kcal Carbohydrates- 14.42 gms Protein- 8.33 gms Fats- 3.79 gms		
▲	Pork & Shrimp Dumplings	   	500
	Energy- 222.31 kcal Carbohydrates- 17.31 gms Protein- 11.14 gms Fats- 12.03 gms		
▲	Spinach Dumplings With Shrimp	  	500
	Energy- 137.35 kcal Carbohydrates- 19.87 gms Protein- 12.05 gms Fats- 0.93 gms		
▲	Chicken Coriander		500
	Energy- 184.18 kcal Carbohydrates- 20.23 gms Protein- 12.22 gms Fats- 6.08 gms		
▲	Prawn Har Gau	  	500
	Energy- 181.19 kcal Carbohydrates- 27.55 gms Protein- 7.86 gms Fats- 4.23 gms		
▲	Chicken Siu Mai	 	500
	Energy- 213.25 kcal Carbohydrates- 21.35 gms Protein- 13.19 gms Fats- 7.92 gms		
▲	Fancy Chicken Dumpling	 	500
	Energy- 165.64 kcal Carbohydrates- 15.10 gms Protein- 12.85 gms Fats- 5.65 gms		



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Dim Sum & Dumplings

- Spicy Chilli Basil Vegetables



Energy- 126.86 kcal | Carbohydrates- 6.97 gms | Protein- 2.43 gms | Fats- 9.85 gms
- Asparagus And Corn



Energy- 199.31 kcal | Carbohydrates- 29.27 gms | Protein- 2.98 gms | Fats- 9.13 gms
- Crystal Vegetables



Energy- 243.06 kcal | Carbohydrates- 40.56 gms | Protein- 1.86 gms | Fats- 8.72 gms
- Asparagus And Water Chestnut



Energy- 174.59 kcal | Carbohydrates- 32.29 gms | Protein- 1.63 gms | Fats- 4.39 gms
- Ging Signature Turnip Cake



Energy- 153.32 kcal | Carbohydrates- 31.77 gms | Protein- 2.82 gms | Fats- 1.40 gms
- Broccoli & Cashewnut Dumpling



Energy- 250.53 kcal | Carbohydrates- 34.73 gms | Protein- 5.01 gms | Fats- 10.51 gm

Small Plates

- Crispy Vegetable Lao Gan Ma



400

Tangra style mix vegetable
Energy- 149.91 kcal | Carbohydrates- 15.60 gms | Protein- 3.25 gms | Fats- 8.0 gms
- Vegetable Lettuce Wrap



400

Seasonal vegetable, oyster sauce tofu diy
Energy- 77.99 kcal | Carbohydrates- 8.40 gms | Protein- 4.59 gms | Fats- 2.94 gms
- Lotus Stem & Water Chestnut Tamarind Chilly



400

Stir fried with sweet, sour and spicy tamarind chilli
Energy- 195.55 kcal | Carbohydrates- 23.52 gms | Protein- 2.40 gms | Fats- 9.83 gms
- Sticky Lotus Stem

400

Sweet & spicy lotus stem
Energy- 172.35 kcal | Carbohydrates- 23.14 gms | Protein- 2.03 gms | Fats- 7.60 gms
- Crispy Chilli Corn



400

American corn kernels, flashed tossed with onion, garlic, chilli and spring onion
Energy- 153.07 kcal | Carbohydrates- 20.95 gms | Protein- 5.81 gms | Fats- 5.82 gms
- Broccoli Manchurian



400

Crispy fried, tossed with Mumbai style manchurian sauce
Energy- 123.80 kcal | Carbohydrates- 15.35 gms | Protein- 4.10 gms | Fats- 5.34 gms
- Mock Duck



400

Sliced mock duck tossed with hunan sauce
Energy- 167.35 kcal | Carbohydrates- 12.38 gms | Protein- 6.69 gms | Fats- 9.45 gms
- Sriracha Tofu



400

Tossed with sriracha chilli sesame
Energy- 181.53 kcal | Carbohydrates- 11.12 gms | Protein- 6.33 gms | Fats- 12.96 gms



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Small Plates

- Fried Shrimp Wonton

Prawn minced, filled in wonton sheet, deep fried

Energy- 264.37 kcal | Carbohydrates- 17.76 gms | Protein- 7.62 gms | Fats- 19.25 gms
- Shanghai Prawn

Deep fried prawn tossed with sweet & spicy sauce

Energy- 167.96 kcal | Carbohydrates- 7.95 gms | Protein- 8.11 gms | Fats- 11.26 gms
- Glazed Asian Fish Balls

Deep fried fish dumplings glazed with Chinese five spice

Energy- 197.37 kcal | Carbohydrates- 18.56 gms | Protein- 9.77 gms | Fats- 9.28 gms
- Hunan Dry Chilli Fish

Spicy tangy Hunan tossed fish

Energy- 168.28 kcal | Carbohydrates- 5.17 gms | Protein- 9.18 gms | Fats- 12.30 gms
- Crispy Fish

Asian style panko crumbed fried fish served with chilli mayo

Energy- 213.05 kcal | Carbohydrates- 16.78 gms | Protein- 10.75 gms | Fats- 11.09 gms
- Salt & Pepper Garlic Chilli Squids

Crispy fried squid rings tossed with black pepper

Energy- 180.58 kcal | Carbohydrates- 14.15 gms | Protein- 9.86 gms | Fats- 9.02 gms



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Small Plates

- Grilled Sticky Char Siu Spare Rib

Roasted pork rib, coated with char sui sauce, soya, rice wine and garlic

Energy- 207.23 kcal | Carbohydrates- 7.61 gms | Protein- 6.24 gms | Fats- 16.60 gms
- Double Roasted Chilli Pork

Sliced roast pork, tossed in hoisin sauce with bell pepper and onion

Energy- 239.09 kcal | Carbohydrates- 4.71 gms | Protein- 12.05 gms | Fats- 19.13 gms
- Barbeque Lamb Chops

Grilled and glazed with house secret dripping sauce

Energy- 296.42 kcal | Carbohydrates- 13.73 gms | Protein- 10.26 gms | Fats- 21.39 gms
- Congee Crispy Lamb

Crispy shredded lamb, tossed with sweet and spicy sauce with shredded carrot and onion

Energy- 243.56 kcal | Carbohydrates- 5.42 gms | Protein- 11.52 gms | Fats- 19.05 gms
- Xin Jiang Lamb

Fresh coriander and cumin stir fry

Energy- 263.31 kcal | Carbohydrates- 16.99 gms | Protein- 12.69 gms | Fats- 16.13 gms



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Small Plates

- ▲

Red Chilli Chicken



Pan seared chicken tossed with spicy whole baby chilli, and hand pounded peanuts
Energy- 158.78 kcal | Carbohydrates- 10.29 gms | Protein- 12.14 gms | Fats- 7.68 gms

500
- ▲

Dakgangjeong



Korean style crispy fried chicken glazed with sweet & spicy sauce
Energy- 233.67 kcal | Carbohydrates- 8.15 gms | Protein- 11.51 gms | Fats- 17.33 gms

500
- ▲

Dak Bulgogi



Korean BBQ chicken
Energy- 204.60 kcal | Carbohydrates- 11.77 gms | Protein- 15.28 gms | Fats- 5.05 gms

500
- ▲

Drums Of Heaven



Rolled up chicken winglets tossed up in spicy garlic sauce
Energy- 215.34 kcal | Carbohydrates- 5.76 gms | Protein- 11.48 gms | Fats- 16.27 gms

500
- ▲

Three Pepper Chicken



Chicken tossed in chilli sichuan pepper black bean sauce
Energy- 188.94 kcal | Carbohydrates- 9.40 gms | Protein- 14.84 gms | Fats- 9.78 gms

500
- ▲

Far East Chicken



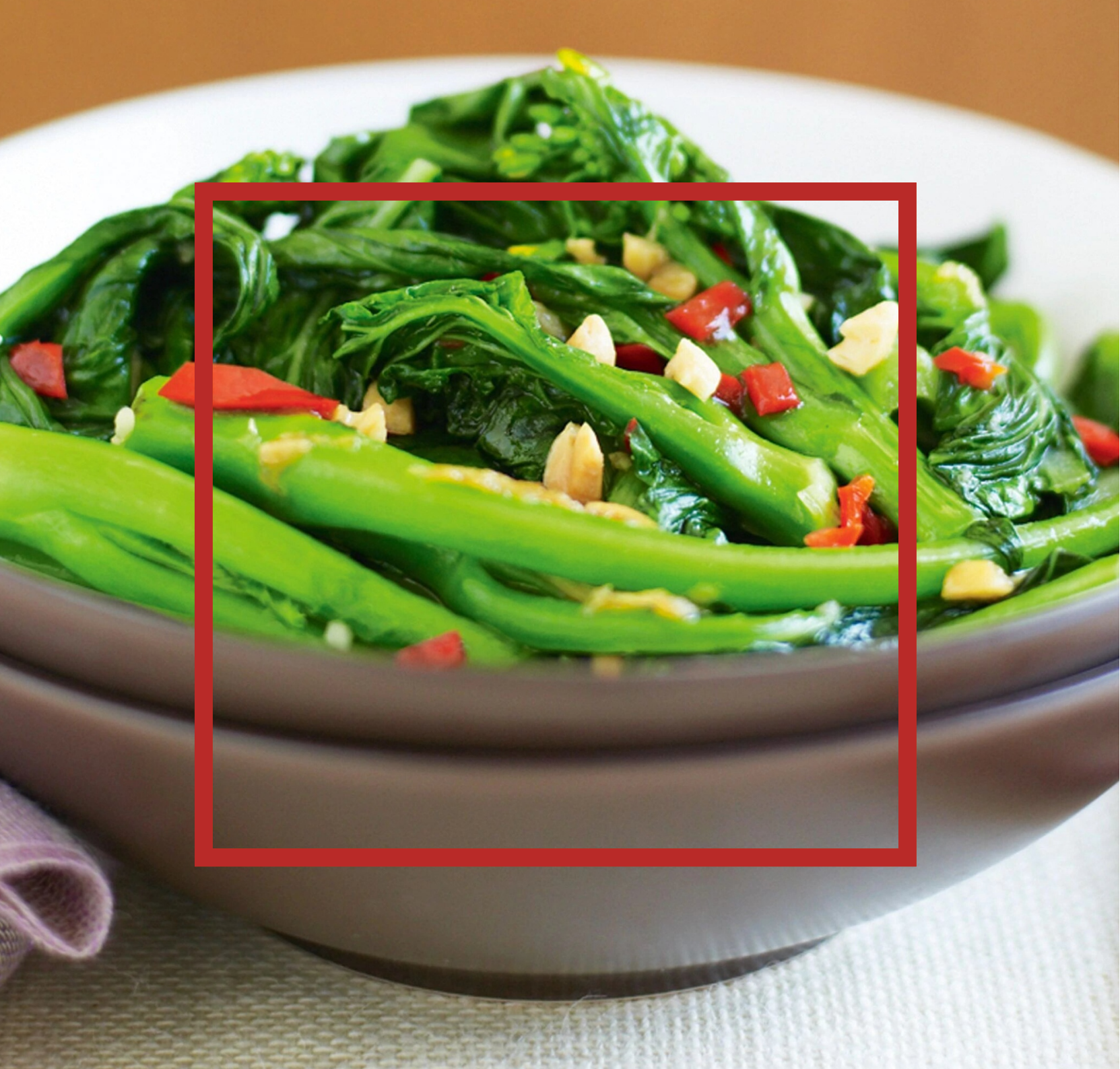
Finger cut chicken in sweet & spicy tabasco sauce.
Energy- 202.95 kcal | Carbohydrates- 5.39 gms | Protein- 13.15 gms | Fats- 14.23 gms

500



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Large Plates

- **Sichuan Mapo Tofu**



Silken tofu in chilli bean, fermented black bean

Energy- 140.66 kcal | Carbohydrates- 12.27 gms | Protein- 5.90 gms | Fats- 7.93 gms

500
- **Fried Tofu & Shitake Mushroom**



Sichuan pepper, dry chilli

Energy- 161.00 kcal | Carbohydrates- 20.78 gms | Protein- 4.56 gms | Fats- 6.90 gms

500
- **Spicy Tofu Edamame**



Tofu tossed with soya balsamic & bird eye chilli

Energy- 187.63 kcal | Carbohydrates- 15.47 gms | Protein- 6.36 gms | Fats- 11.47 gms

500
- **Ging Signature Chindian Vegetables**



Indochinese gravy with chilli bean sauce

Energy- 153.67 kcal | Carbohydrates- 9.13 gms | Protein- 2.07 gms | Fats- 12.48 gms

500
- **Stir-Fried Chinese Greens**



Oriental greens with simple garlic glaze

Energy- 93.86 kcal | Carbohydrates- 6.76 gms | Protein- 2.07 gms | Fats- 6.44 gms

500
- **Sizzling Hakka Paneer**



Assorted bell pepper, garlic in pepper sauce

Energy- 310.34 kcal | Carbohydrates- 16.02 gms | Protein- 9.49 gms | Fats- 23.54 gms

500
- **Vegetables In Green/ Red/ Yellow Curry**

Thai style, aromatic green vegetables simmered in coconut gravy

Energy- 366.39 kcal | Carbohydrates- 7.39 gms | Protein- 2.30 gms | Fats- 36.44 gms

550



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Large Plates

- ▲

Black Bean Sea Bass



Marinated sea bass fillet, pan seared and topped with black bean sauce
Energy- 215.93 kcal | Carbohydrates- 9.88 gms | Protein- 16.41 gms | Fats- 11.72 gms
- ▲

Fish In Chilli Oyster Sauce



Sliced fish, fried and topped with chilli oyster sauce
Energy- 161.75 kcal | Carbohydrates- 11.73 gms | Protein- 10.42 gms | Fats- 7.66 gms
- ▲

Singapore Style Crab Meat Dumpling



Minced crabmeat ball, tossed with eggs
Energy- 125.34 kcal | Carbohydrates- 3.55 gms | Protein- 11.76 gms | Fats- 6.73 gms
- ▲

Prawn In Thai Chilli Basil



Prawn with fresh basil, bird eye chilli
Energy- 140.83 kcal | Carbohydrates- 7.40 gms | Protein- 8.66 gms | Fats- 8.26 gms
- ▲

Lobster In Butter Garlic Sauce / XO Sauce



For serving size and price ask the server
- ▲

Kung Pao Chicken



Sweet and spicy sauce with cashew
Energy- 253.66 kcal | Carbohydrates- 15.80 gms | Protein- 11.90 gms | Fats- 16.06 gms



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Large Plates

- ▲

Chicken In Hot Bean Sauce



Diced chicken with home made fresh bean sauce
Energy- 308.99 kcal | Carbohydrates- 15.18 gms | Protein- 9.80 gms | Fats- 23.30 gms
- ▲

Nam Prik Chicken



Chicken with thai coriander chili sauce
Energy- 200.84 kcal | Carbohydrates- 6.14 gms | Protein- 15.87 gms | Fats- 12.38 gms
- ▲

Chicken Mushroom Bamboo Shoot



Sliced chicken with white garlic sauce
Energy- 197.80 kcal | Carbohydrates- 10.74 gms | Protein- 9.27 gms | Fats- 12.99 gms
- ▲

Lamb Coriander Sauce



Sliced lamb with bell pepper butter peanut & fresh coriander
Energy- 282.90 kcal | Carbohydrates- 10.82 gms | Protein- 10.89 gms | Fats- 21.63 gms
- ▲

Mangolian Lamb



Pan fried sliced lamb simmered bird's eye chili scallions and black pepper
Energy- 242.13 kcal | Carbohydrates- 10.87 gms | Protein- 12.35 gms | Fats- 16.04 gms
- ▲

Sichuan Pork



Roasted pork cooked with Sichuan pepper & chilli
Energy- 276.69 kcal | Carbohydrates- 9.12 gms | Protein- 11.63 gms | Fats- 21.53 gms
- ▲

Sweet & Sour Pork



Roasted pork cooked with sweet and sour sauce
Energy- 209.87 kcal | Carbohydrates- 17.47 gms | Protein- 8.57 gms | Fats- 11.96 gms



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Staples

Burnt Garlic Fried Rice



Butter garlic flavoured non spicy fried rice

- **Vegetable**
Energy- 163.25 carbohydrates- 26.14 Protein- 3.17 Fats 4.90
- ▲ **Egg**
Energy- 176.99 carbohydrates- 17.70 Protein- 4.76Fats 9.61
- ▲ **Chicken**
Energy- 167.81 carbohydrates- 11.79 Protein- 12.67 Fats- 7.57
- ▲ **Prawn**
Energy- 168.83 carbohydrates- 18.67 Protein- 4.04 Fats- 8.56

Chindian Fried Rice



Curry flavour spicy fried rice

- **Vegetable**
Energy- 163.25 carbohydrates- 26.14 Protein- 3.17 Fats 4.90
- ▲ **Egg**
Energy- 176.99 carbohydrates- 17.70 Protein- 4.76Fats 9.61
- ▲ **Chicken**
Energy- 167.81 carbohydrates- 11.79 Protein- 12.67 Fats- 7.57
- ▲ **Prawn**
Energy- 168.83 carbohydrates- 18.67 Protein- 4.04 Fats- 8.56



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350

375

400

500

350

375

400

500



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Staples

Clay Pot Rice

Steamed Jasmine rice with shitake, black fungus, drizzled with sesame oil and light soya.

- **Vegetable** 
Energy- 163.25 kcal | Carbohydrates- 26.14 gms | Protein- 3.17 gms | Fats- 4.90 gms
- ▲ **Egg**   
Energy- 176.99 kcal | Carbohydrates- 17.70 gms | Protein- 4.76 gms | Fats- 9.61 gms
- ▲ **Chicken**   
Energy- 167.81 kcal | Carbohydrates- 11.79 gms | Protein- 12.67 gms | Fats- 7.57 gms
- ▲ **Prawn**   
Energy- 168.83 kcal | Carbohydrates- 18.67 gms | Protein- 4.04 gms | Fats- 8.56 gms

Seafood XO Fried Rice



Energy- 157.26 kcal | Carbohydrates- 17.38 gms | Protein- 5.33 gms | Fats- 7.10 gms

Emperor Fried Rice

Ginger infused wok tossed rice

- **Vegetable** 
Energy- 164.54 kcal | Carbohydrates- 18.63 gms | Protein- 2.44 gms | Fats- 6.68 gms
- ▲ **Chicken** 
Energy- 169.70 kcal | Carbohydrates- 17.06 gms | Protein- 4.92 gms | Fats- 8.79 gms
- ▲ **Prawn**  
Energy- 157.44 kcal | Carbohydrates- 17.06 gms | Protein- 3.93 gms | Fats- 7.86 gms

Mushroom Hibachi Rice



Japanese sticky rice tossed with teriyaki shitake

Energy- 251.01 kcal | Carbohydrates- 22.43 gms | Protein- 2.95 gms | Fats- 16.31 gms



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350

375

400

500

500

350

400

500

400



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Spicy Hakka Noodles

- Vegetable



Energy- 198.16 kcal | Carbohydrates- 21.86 gms | Protein- 3.12 gms | Fats- 12.44 gms
- ▲

chicken



Energy- 209.44 kcal | Carbohydrates- 14.15 gms | Protein- 6.11 gms | Fats- 15.03 gms
- ▲

Prawn



Energy- 199.44 kcal | Carbohydrates- 14.15 gms | Protein- 5.31 gms | Fats- 14.27 gms

Hakka Soft Noodles

- Vegetable



Energy- 160.98 kcal | Carbohydrates- 18.93 gms | Protein- 2.75 gms | Fats- 9.06 gms
- ▲

Chicken



Energy- 159.98 kcal | Carbohydrates- 14.56 gms | Protein- 6.18 gms | Fats- 9.21 gms
- ▲

Prawn



Energy- 149.98 kcal | Carbohydrates- 14.56 gms | Protein- 5.37 gms | Fats- 8.45 gms

Ho Fan Noodles

(Rice Stick Flat Noodle)

- Vegetable



Energy- 149.48 kcal | Carbohydrates- 17.48 gms | Protein- 1.23 gms | Fats- 8.10 gms
- ▲

Chicken



Energy- 148.81 kcal | Carbohydrates- 15.26 gms | Protein- 3.45 gms | Fats- 8.05 gms
- ▲

Prawn



Energy- 134.62 kcal | Carbohydrates- 13.95 gms | Protein- 2.60 gms | Fats- 7.43 gms



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350

400

500

350

400

500

350

400

500



Staples

Hot & Spicy Pan Fried Noodles

- Vegetable



Energy- 155.56 kcal | Carbohydrates- 25.06 gms | Protein- 3.20 gms | Fats- 5.59 gms
- ▲

Chicken



Energy- 173.17 kcal | Carbohydrates- 21.33 gms | Protein- 4.47 gms | Fats- 8.45 gms
- ▲

Prawn



Energy- 162.35 kcal | Carbohydrates- 21.33 gms | Protein- 3.60 gms | Fats- 7.63 gms

400

450

550

- Ging Signature Phad Thai Noodles



Energy- 195.43 kcal | Carbohydrates- 34.11 gms | Protein- 2.81 gms | Fats- 5.47 gms

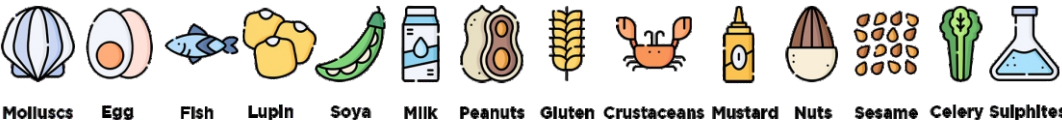
450

- All American Chopsuey



Energy- 301.38 kcal | Carbohydrates- 34.96 gms | Protein- 4.02 gms | Fats- 16.14 gms

450



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Dessert

- ▲

Chocolate & Chocolate

Chocolate fondant, chocolate soil, caramel

Energy- 284.05 kcal | Carbohydrates- 39.57 gms | Protein- 4.71 gms | Fats- 11.94 gms



450
- Darsaan Croquembouche

Chinese influenced crispy treat, caramel, toasted nuts

Energy- 361.16 kcal | carbohydrates- 40.97 gms | Protein- 5.63 gms | Fats- 19.73 gms



425
- Fried Ice Cream With Honey Nuts

Deep fried ice cream topping with honey nuts

Energy- 341.08 kcal | carbohydrates- 38.92 gms | Protein- 4.82 gms | Fats- 18.42 gms



425
- Vanilla Cream Brulee

Vanilla bean custard

Energy- 345.63 kcal | Carbohydrates- 45.61 gms | Protein- 5.30 gms | Fats- 15.59 gms



425
- Banana Caramel

Toffee banana, bannana ice cream, caramel cream

Energy- 244.74 kcal | Carbohydrates- 57.28 gms | Protein- 1.80 gms | Fats- 0.28 gms



425
- ▲

Lemongrass Cheese Cake

Hint of lemongrass, New York cheese cake

Energy- 406.23 kcal | Carbohydrates- 49.10 gms | Protein- 2.65 gms | Fats- 22.64 gms



425



Molluscs

Egg

Fish

Lupin

Soya

Milk

Peanuts

Gluten

Crustaceans

Mustard

Nuts

Sesame

Celery

Sulphites

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Dessert

Tab Tim Krob

425

Soaked water chestnut, topped with coconut milk and coconut ice cream

Energy-639.92 kcal | Carbohydrates- 87.79 gms | Protein- 6.84 gms | Fats- 28.66 gms

Choice Of Ice Cream

400

- Strawberry Ice Cream



Energy-115.00 kcal | Carbohydrates- 10.70 gms | Protein- 2.00 gms | Fats- 7.0 gms
- Tender Coconut Ice Cream



Energy-182.60 kcal | Carbohydrates- 17.78 gms | Protein- 5.82 gms | Fats- 9.80 gms
- Vanilla Ice Cream



Energy-219.00 kcal | Carbohydrates- 21.80 gms | Protein- 3.70 gms | Fats- 13.0 gms
- Chocolate Ice Cream



Energy-115.00 kcal | Carbohydrates- 10.70 gms | Protein- 2.00 gms | Fats- 7.10 gms



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