

SMOKE PAPAYA MAKI 420
Smoked papaya lox + pickled carrot, cucumber + cashew feta + dill
+ organic brown rice

SPICY TU NAH ROLL 420
Baked tuna marinated watermelon +
veganaise chill oil + toasted sesame

TOASTED SANDWICHES/ BURGER

CHEEZY CHEEKEN TOASTIE 380
Smoked soy cheeken + kale + cashew cheese + jalapeno + tomato + lemon
mustard mayo + on brown bread + side salad

CHEEZY PESTO TOASTIE 380
Basil pesto + cashew cheese + roasted zucchini + grilled capsicum + kale + red
onion on brown bread + side salad *G/F option + ₹100*

SMOKED TOFU SLIDER 490
Smoked Tofu +veganaise + kale + tomato+ onion + black salt + tabasco
+ focaccia + side salad *G/F option + ₹100*

NO-BEEF BURGER 600
Mushrooms + kidney beans + meatless patty + cashew cheese + kale + onion
+ tomato + gherkins + veganaise + side salad

BURRITOS

CHEESY SOY MINCED BURRITO 550
Kidney beans with soy mince + cashew cheese + jalapeno + coriander +red onion
+ wrap in a tortilla sheet w/side salad

JAMAICAN JERK JACKFRUIT BURRITO 550
Young marinated jackfruit + roasted bell peppers + brown rice + purple cabbage
+ red onion + veganaise + side salad

CURRIES

THAI GREEN CURRY 550
Tofu, eggplant, peppers, carrots served with organic brown rice , papaya salad
crushed peanut

TOFU BUTTER MASALA 650
Tandoori tofu tikka, buttery gravy, boiled rice, kachumber salad and pickled onion

PASTA

Your choice of whole wheat penne or spaghetti

AGLIO OLIO..... 400
Garlic+ olive oil+ Thyme + basil + toasted baguette + herbs + chilli flakes

CREAMY BASIL PESTO..... 420
Basil pesto + garlic + olives + cashew cheese + toasted baguette

ARRABIATA 400
Garlic + onion + basil + tomato chunks + bell peppers + olive oil
+ thyme + chilli flakes + olives + toasted baguette

FRESH OYSTER SPAGHETTI ALFREDO..... 600
Creamy white cashew cheese sauce+ vegan butter +fresh oyster
mushrooms + garlic + onion + parsley + whole wheat spaghetti pasta
+ toasted baguette

INSPIRALIZE (G/F) 500
Zucchini spaghetti + basil pesto + Cashew cheese + roasted tomato
+olive oil + black olives + garlic + micro greens

WOODFIRE PIZZA 12" THIN CRUST

G/F BASE AVAILABLE ON REQUEST +300
Base takes longer - upto 20 mins. Your patience is required.

JAIN PIZZA AVAILABLE

JAMAICAN JERK JACKFRUIT PIZZA 850
Marinated tender jackfruit + white cashew cheese base + roasted tomato
+ onion on a fermented pizza dough

MRS ROSEMARY..... 750
BBQ sauce + soy mock meat + red onion + capsicum + cashew cheese
+ fresh rosemary

WHITE TRUFFLE 940
Shiitake mushroom + caramelized onion + roasted tomato + cashew
cheese + white truffle oil + capers + olives

MOTHER EARTH 700
BBQ sauce + roasted eggplant + zucchini + onion + capsicum
+ garlic cream

HICKORY SMOKED CHEEKEN 820
BBQ sauce + cashew cheese + mock meat + tomato + onion + jalapeno
+capsicum +parsley + coriander

Additional 5 % Gst Govt Tax Will Be Added To Bill

BOTTLED COLD PRESSED JUICES

100% PURE, RAW, NO SUGAR OR WATER -300ml

FLU FIGHTER 260
Orange + ginger + carrot

GREEN DETOX 250
Cucumber + spinach + green apple + celery

ANTI INFLAMMATORY 220
Pineapple + turmeric + cracked pepper

REFRESHERS

LEMON SODA 160

COLD BREW SARSAPARILLA ICED TEA 200

HIBISCUS INFUSED NUTMEG SPRITZER 220

INFUSED WATER 1L glass bottle 40

PROBIOTIC DRINK HEALTHY FERMENTED DRINKS

TEPACHE 300ml/500ml 220/300
Fizzy gut friendly pineapple drink

CRUSHES

100% PURE, RAW, NO SUGAR, NO ICE

HYDRATION STATION 240
Frozen watermelon + cucumber + mint + lemon

TROPICAL PUNCH 260
Frozen papaya + cold pressed pineapple juice + chia seeds + lemon

PASSION POWER 280
Frozen rock melon, papaya, passion fruit + cold pressed pineapple juice.

SMOOTHIES

FROZEN FRUITS WITH VEGAN MILK + NO SUGAR + ALL NATURAL

MANGO MANTRA 400
Alphonso mango + banana + coco milk + chia seeds

NUTTY NOURISHER 390
Oats + peanut butter + cinnamon + banana + soy milk

SO BERRY NICE 400
Strawberries + banana + soy milk + raw chocolate

SMOOTHIE BOWLS

100% PURE, RAW, NO SUGAR, NO ICE

NICE CREAM BOWL 480
Frozen banana + topped with coconut flake + fresh banana

CHOCO PB CUP BOWL 480
Frozen banana + soy milk + cocoa + topped with peanut butter + fresh banana

PASSIONFRUIT NICE CREAM BOWL 520
Frozen banana + passion fruit pulp + chia seeds + soy milk topped with fresh banana, papaya and pineapple

ALL DAY BREAKIE

COCO CRUNCH 380
Coconut museli + seeds + roasted almonds + jaggery + banana + coconut milk

CHAKRA WHEEL 500
(mixed seasonal fruit platter)

YUM HUM TOAST 400
Hummus + roasted tomato / eggplant + garlic cream + fresh basil on toasted focaccia
G/F option + ₹100

OYSTER MUSHROOMS STEAK SAMMY 420
Oyster mushrooms + cashew cheese + basil pesto + thyme + micro greens + served with garlic cream on open toasted focaccia G/F option + ₹100

STARTERS / SHARING PLATES

CHEEZY HERBY GARLIC BREAD 250

HUMMUS & VEGGIES STICK (GF) 320

ANTIPASTO PLATTER 700
Green olives + roasted eggplant, zucchini, tomato + fermented Cashew feta + basil pesto + hummus + Oyster mushroom + focaccia G/F option + ₹100

BRUSCHETTA 320
Grilled baguette + tomato + onion + garlic + Basil + olive oil + fermented cashew feta + balsamic reduction
G/F option + ₹100

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TOFU TIKKA SKEWERS 450
Health on plants, tandoori tofu and char grilled veggie skewers, fresh baked pita, mint chutney

HUMMUS FALAFEL PLATE (GF) 340
Herby falafel + carrot cucumber stick + hummus

SMOKED PAPAYA CANAPES *G/F option + ₹100* 480
Cashew feta + smoked papaya lox + caper + dill + red onion on focaccia

MEZZE PLATTER 550
Hummus + roasted eggplant + olive + veggies sticks + garlic cream + toasted focaccia bread
G/F option + ₹100

ACHARI TIKKA KATHI ROLL 380
Marinated achari tikka mock meat + bell peppers + onion + coriander + veganaise + wheat tortilla + mint chutney + pickled veggie + tomato sauce

SALADS

KALE YEAH 550
Kale + hickory smoked soy cheeken + green olives + capsicum + onion + tomato + lemon garlic olive oil

SUMMERTIME 500
Kale + pomegranate + green apple + tomato + red onion + toasted pumpkin/watermelon seeds + lemon vinaigrette

ROCKET MAN 440
Rocket leaves + olive oil + balsamic + lemon + roasted tomato + cashew cream feta

THE GREEK 480
Fermented cashew feta + cucumber + tomato + green olives + rocket leave + olive oil + lemon vinaigrette + onion + bell pepper

WATERMELON CARPACCIO 300
With rocket leaf + balsamic reduction & crumble feta

RAW GALORE 420
Big bowl of raw carrot + purple cabbage + zucchini + coriander + zgreen olives + balsamic olive oil vinaigrette + cucumber sticks

BUDDHA BOWL

MISO HAPPY 480
GF rice noodles + ginger + garlic + broccoli + tofu + roasted sesame seeds + sesame oil + coriander + in a miso broth + shiitake mushroom

MISO TOFU PROTEIN BOWL 560
Health on plants, tofu, sesame chickpeas, organic brown rice, pickled cucumber, carrot, cabbage, coriander, micro greens, miso tahini ginger dressing

MEXICAN BOWL 500
Soy minced meat with kidney beans + organic brown rice + shredded veggies + cashew cheese + jalapeno + coriander

SHIITAKE STIR FRY 450
Organic brown rice + shiitake mushroom + crunchy veggies + capsicum + carrot + purple cabbage + ginger + garlic + sesame oil + toasted sesame seeds + coriander

WATERMELON TUNA POKE BOWL 480
Marinated watermelon + toasted sesame seeds + purple cabbage + kale + carrot + cucumber + organic brown rice + coriander + spicy mayo

SPICY CHEEKEN STIR FRY 420
Organic brown rice + soy cheeken + bell peppers + onion + tomato + coriander + carrot + garlic + ginger + mint chutney

I FELL FOR FALAFEL BOWL 600
Lebanese falafel + GF seeded crackers + fermented cashew feta + hummus + green olives + eggplant + garlic cream + micro greens + cucumber

SUSHI

SERVED WITH PICKLED GINGER + SOY SAUCE + WASABI

VEG OUT SUSHI 380
Organic brown rice + carrot + capsicum + cucumber + coriander + veganaise + togarashi

HIGH ROLLER SUSHI 430
Marinated mock meat + organic brown rice + capsicum + veganaise + togarashi

SHIITAKE VEG OUT 480
Shiitake + organic brown rice + carrot + capsicum + Cucumber + coriander + veganaise + togarashi