

SOUPS

Choice of Cream Soup - Tomato Mushroom	₹130
Sweet Corn - Chicken Veg	₹130 ₹120
Hot n' Sour - Chicken Veg	₹130 ₹120
Lemon Coriander - Chicken Veg	₹130 ₹120

SEAFOOD PLATTERS BY ABAD

Continental Seafood Platter	₹1250
Assorted grilled seafood served with mashed potatoes & lemon butter sauce	
Fritto Misto De Mare	₹1250
Assorted seafood batter-fried with vegetables & served with tartar sauce	
Kerala Seafood Platter	₹1250
Assorted seafood marinated with Kerala spices, grilled & served with kachumber salad	
Samudhra Khazana	₹1250
Assorted seafood marinated in spicy yoghurt, cooked in a tandoor & served with kachumber salad	

CONTINENTAL

■ Fish n' Chips	₹375
Breaded fish fillet deep-fried & served with tartar sauce	
■ Grilled Chicken Steak	₹400
Chicken marinated with herbs, braised in mushroom or pepper sauce & served with french fries & buttered vegetables	
■ Grilled Tenderloin Steak	₹425
Grilled beef steak braised in mushroom or pepper sauce & served with french fries & buttered vegetables	
■ Paneer Shashlik	₹350
Chunks of cottage cheese marinated & grilled with bell peppers & onions	

In accordance with Food Safety (HACCP), all meats are cooked well-done. If you would prefer your meat cooked differently, please inform us.

CHOICE OF PASTA

SPAGHETTI | PENNE

- **Creamy Chicken & Mushroom** ₹375
- **Alfredo** ₹350
- **Arrabiata** ₹300

ORIENTAL

- **Honey Chilli Prawns** ₹400
Batter-fried prawns tossed in honey & soy glaze
- **Sweet & Sour Fish** ₹375
Batter-fried fish fillets coated in a tangy sauce with pineapple
- **Chilli Chicken** ₹350
Batter-fried chicken tossed in a spicy chilli & soy glaze
- **Cauliflower Manchurian** ₹250
Cauliflower florets coated in a sweet & soy glaze

RICE & NOODLES

- Fried Rice** - Mixed or Chicken | Egg or Veg ₹275 | ₹225
- Noodles** - Mixed or Chicken | Egg or Veg ₹275 | ₹225

CLAY OVEN & NORTH INDIAN DELICACIES

■ Ajwaini Machli Tikka	₹425
Fish cubes marinated in spicy yoghurt & flavored with carom seeds & roasted with vegetables	
■ Tandoori Chicken - Half Full	₹390 ₹690
Tandoori roasted chicken marinated in yoghurt, chilli & other Indian spices	
■ Murgh Malai Tikka	₹390
Boneless roasted chicken marinated in cardamom-flavored creamy yoghurt	
■ Chicken Tikka	₹390
Boneless chicken marinated in mustard oil & yoghurt	
■ Paneer Tikka	₹375
Marinated cottage cheese skewered & grilled with onions, tomatoes & bell peppers	
■ Butter Chicken Masala	₹400
Tandoori roasted chicken cooked in rich tomato & cashew gravy finished with cream & butter	
■ Kadai Chicken	₹375
Chicken & bell peppers cooked in kadai masala & topped with roasted coriander powder	
■ Paneer Butter Masala	₹350
Paneer cooked in a rich tomato & cashew gravy finished with cream & butter	
■ Aloo Gobi Masala	₹250
■ Dal - Tadka Makhani	₹250

ETHNIC IN-HOUSE DELICACIES

■ Prawns	- Masala Roast Curry	₹425
■ Fish Curry	- Alleppey Malabar	₹400
■ Chicken	- Masala Roast Curry	₹375
■ Beef Coconut Fry	Tender beef chunks stir-fried with grated coconut, spices & herbs	₹390
■ Vegetable Korma	Mixed vegetables simmered in yoghurt, coconut milk & aromatic spices	₹250

RICE & INDIAN BREADS

● Steamed Rice	₹160
● Chapathi	₹35
● Kerala Parota	₹40
● Wheat Parota	₹40
● Tandoori Roti	₹70
■ Naan	₹70
■ Butter Naan	₹80

SNACKS

3 PM to 7 PM

▲ Butterfly Prawns	₹350
Tail-on prawns deep-fried & served with a side of sriracha mayonnaise	
▲ Fish Fingers	₹325
Premium fish fillet fingers golden fried & served with tartar sauce	
▲ Chicken Nuggets	₹300
Club Sandwich - Non Veg Veg	₹275 ₹225
Grilled Sandwich - Chicken Veg	₹250 ₹200
Samosa - Chicken Veg	₹250 ₹200
Spring Roll - Chicken Veg	₹200 ₹175
● Pakoda - Onion Veg	₹200
● French Fries	₹170

DESSERTS

- **Chocolate Brownie with Vanilla Ice Cream** ₹175
- **Caramel Custard** ₹160
Baked custard coated with a caramelised sauce
- **Gulab Jamun** ₹160
Deep-fried dumplings dipped in a rose-cardamom flavoured sugar syrup
- **Seasonal Fresh Fruit Salad with Vanilla Ice Cream** ₹160

*Taxes as applicable.

(Please allow us 30 minutes for service from the time of placing the order)

Important notice: Our food may contain nuts, dairy, shellfish or traces of their products.
Please inform your server if you are sensitive to any allergens.

BEVERAGES

Tea / Coffee	₹100
Green Tea with Honey	₹80
Assorted Milkshakes	₹150
Seasonal Fresh Fruit Juice	₹150
Cold Coffee	₹150
Lassi - Sweet Salt	₹150
Fresh Lime - Juice Soda	₹100
Aerated Soft Drinks*	₹60
Bottled Soda*	₹40
Packaged Drinking Water*	₹20

* Services included.

Menu

CONTINENTAL SPECIAL

SOUP

- **Seafood broth** ₹ 200
An aromatic stew with simmered seafood
- **Minestrone soup** ₹ 200
Italian vegetable & pasta broth with grated cheese

MAIN

- **Grilled tiger shrimps** ₹ 650
Tiger prawns marinated in lemon butter & garlic sauce, grilled on a tawa & served with buttered rice & sauteed vegetables
- **Grilled fish** ₹ 700
Fish marinated in lemon butter & garlic sauce, grilled on a tawa & served with buttered rice & sauteed vegetables
- **Fish veronica** ₹ 700
Fish marinated in mustard & lemon juice, finished with bechamel & gratinated with cheese
- **Beef Piccante** ₹ 600
Slices of tenderloin marinated in worcestershire sauce, tomato concasse & olives, & served with sauteed vegetables & french fries
- **Vegetable au Gratin** ₹ 400
Assorted vegetables folded in bechamel sauce & gratinated with cheese



PASTA

- **Linguini Frutti di Mare** ₹ 450
- **Spaghetti Bolognese** ₹ 350

THE FLAVOURS OF KERALA

Meen Pollichathu

₹ 650

Fish marinated in Kerala spices, wrapped in a banana leaf & grilled, served with rice or chapathi

Tawa Grilled Fish

₹ 600

Fish marinated in a spicy masala, grilled on a tawa & served with kachumber salad

Koonthal Pepper Fry

₹ 400

Squid rings marinated in Kerala spices & shallow-fried in coconut oil

Koonthal Ularthiyathu

₹ 400

Squid rings marinated & sautéed in an aromatic blend of spices

Chemmeen Tawa Fry

₹ 500

Prawns marinated in a spicy masala, grilled on a tawa & served with kachumber salad

Chemmeen Ularthiyathu

₹ 450

Prawns marinated & sautéed in an aromatic blend of spices

Chemmeen Mappas

₹ 450

Prawns marinated in a creamy coconut & coriander gravy

***Taxes as Applicable.**

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BREAKFAST

7.30 AM - 10.30 AM

■ Eggs to Order - Omelette Scrambled Fried	₹ 200
■ Masala / Plain Dosa Served with sambar & coconut chutney	₹ 150
■ Idly / Vada Served with sambar & coconut chutney	₹ 150

LUNCH AND DINNER

12.30 PM TO 3.00 PM - 7.30 PM TO 10.00 PM

COLD APPETIZERS

■ Prawn Cocktail	₹ 325
Prawns in tangy cocktail sauce served on a bed of shredded lettuce	
■ Hawaiian Chicken Salad	₹ 250
Chicken tossed with pineapple & crunchy veggies, tossed in a light dressing	
■ Caesar Salad (Add: Chicken ₹50)	₹ 225
Crispy lettuce, croutons & other vegetables drizzled with caesar dressing	
■ Tossed Salad	₹ 175

HOT APPETIZERS

■ Prawn Tempura	₹375
Tail-on prawns & assorted veggies batter-fried & served with hot garlic sauce	
■ Golden Fried Calamari	₹350
Batter-fried calamari served with tartar sauce	
■ Kairali Fried Chicken	₹300
Boneless chicken marinated with Kerala special masala	
■ Dragon Chicken	₹325
Chicken strips tossed with cashews & bell peppers in a honey glaze	