

SPICE IT SMALL PLATES

Price

<input checked="" type="checkbox"/>	Tandoori Soya Chaap (816 Kcal) Serving quantity- 220g		405
	Tandoori Marination coated soya Chaap served along with mint chutney and masala Laccha onion		
<input checked="" type="checkbox"/>	Spice it Paneer Tikka (839 Kcal) Serving quantity- 220g		405
	Classic Tandoori Marinated Cottage Cheese, Mint Chutney with Laccha Onion		
<input checked="" type="checkbox"/>	Chilli Soya Chaap (462 Kcal) Serving quantity- 220g		350
	Plant Based Soy, Cooked in Tangra Style Sauce		
<input checked="" type="checkbox"/>	Signature Avocado Toast (535 Kcal) Serving quantity- 220g (Chef's Special)		565
	Hass Avocado, Hummus, Crumbled Feta, Tahina Dressing, Cherry Tomatoes, Sour Dough, Home Grown Microgreens		
<input checked="" type="checkbox"/>	Tandoori Malai Broccoli (362 Kcal) Serving quantity- 230g		350
	Rich Creamy Broccoli Cooked in Tandoor Finished with Melted Butter and Dried Mango Powder		
<input checked="" type="checkbox"/>	Avo Fries (535 Kcal) Serving quantity- 300g		375
	Crispy Hass Avocado, Panco Crisp, Peri-Peri/Cajun Spice, Chipotle Mayo		
<input checked="" type="checkbox"/>	Tangra Style Chilli Chicken (774 Kcal) Serving quantity- 220g		455
	Wok Tossed Oriental Style Chicken, Fresh Green Chilli and Spring Onions		
<input checked="" type="checkbox"/>	Crispy Bhoot Jalokia Chicken Wings (887 Kcal) 220g (Regional Special)		455
	Crispy Fried, Sweet and Spicy Naga Chilly Sauce		
<input checked="" type="checkbox"/>	Spice it Murgh Tikka (665 Kcal) Serving quantity- 220g		455
	Marinated Chicken Tikka Cooked in Tandoor, Served with Mint Chutney and Laccha Onion		

■	Kizhi Beef Paratha (475 Kcal) Serving quantity- 300g	375
Shredded beef, cooked to perfection with a blend of aromatic spices.		
■	Kizhi Chicken Paratha (564 Kcal) Serving quantity- 300g	375
Stuffing the Parotta with a flavorful mixture of shredded chicken		
■	Mutton Biryani (354 Kcal) Serving quantity- 430g	525
Tender pieces of mutton cooked with fragrant spices and kima rice, all layered together and slow-cooked		
■	Appam (87 Kcal) Serving quantity- 10g	110
Made with a unique combination of rice flour, coconut milk, and sugar, resulting in a delicate and flavorful dish.		

INDIAN BREADS

		Price
■	Tandoori Roti (170 Kcal) Serving quantity- 60g	110
■	Tandoori Naan (202 Kcal) Serving quantity- 60g	110
■	Baked Kulcha (281 Kcal) Serving quantity- 100g	110
■	Malabar Paratha (281 Kcal) Serving quantity- 100g	110

SWEET ENDINGS

		Price
■	Caramelized Banana Pan Cake (815 Kcal) Serving quantity- 250g  	350
	Served Hot with Organic Honey and Chocolate Syrup	
■	Mud Chocolate Walnut Brownie (570 Kcal) Serving quantity- 220g   	405
	Served Hot with Vanilla Scoop or Chocolate Syrup	
■	Ice Cream (130 Kcal) Serving quantity- 200g  	350
	Choose From Our Selection with Your Choice of Hot Chocolate or Caramel Sauce	
■	Fresh Cut Fruits (153 Kcal) Serving quantity- 210g Seasonal Fresh Fruits	350
■	Bhapa Doi (153 Kcal) Serving quantity- 210g 	350
	Seasonal Fresh Fruits	
■	Gulab Jamun (153 Kcal) Serving quantity- 210g 	350
	Seasonal Fresh Fruits	

List of Allergens:



Eggs



Fish



Soya



Dairy



Gluten



Molluscs



Crustaceans



Peanuts



Nuts



Lupin



Mustard



Celery



Sesame Seed



Sulphur Dioxide

●	Vegetable Mappas (224 Kcal) Serving quantity- 350g (Regional Special) 	325
	Coconut milk based sauce, flavors of peppercorns, fennel seeds, and fragrant curry leaves.	
●	Vegetable Stew (234 Kcal) Serving quantity- 350g Made with coconut milk and vegetables and spices	325
●	Chicken Varattiyathu (423 Kcal) Serving quantity- 350g 	395
	Commonly spicies roast wherein the chicken.	
●	Malabar Chicken Curry (425 Kcal) Serving quantity- 350g Chicken simmered in a rich and aromatic coconut milk sauce,curry leaves, mustard seeds, and fenugreek	395
●	Beef Coconut Fry (995 Kcal) Serving quantity- 350g Tender chunks of beef are slow-roasted with aromatic spices, coconut pieces, and curry leaves.	425
●	Beef Varattiyathu (644 Kcal) Serving quantity- 350g 	425
	It's spiced with a special blend of spices, including meat masala	
●	 Mutton Nadan Curry (524 Kcal) Serving quantity- 400g  	575
	Mutton cook in very low flame to retain its tenderness and moisture with local spices	
●	Mutton Pepper Fry (524 Kcal) Serving quantity- 400g 	575
	Marinated with a blend of ground turmeric, chilli powder, ground coriander, ginger paste, garlic paste, and ground black pepper.	
●	Tawa Fried Fish (796 Kcal) Serving quantity- 400g  	475
	Blend of spices, ginger, garlic, curry leaves, and lemon. The fish is marinated to perfection and then fried in coconut oil	
●	Fish Curry (336 Kcal) Serving quantity- 350g 	525
	Tamarind for a tangy and savory twist. Or savor our Spicy fish curry made with coconut milk for a creamy	

LOCAL DELICACY

■	Wheat Paratha (325 Kcal) Serving quantity- 117g		110
	Crispy, flaky layered flat bread made healthy with whole wheat flour.		
■	Veg Kothu Paratha (225 Kcal) Serving quantity- 255g		225
	Shredded flaky multi-layered Indian flatbread with a colorful assortment of fresh vegetables and essential spices.		
■	Chicken Kothu Paratha (546 Kcal) Serving quantity- 180g		250
	Shredded chicken and crispy paratha.		
■	Beef Kothu Paratha (438 Kcal) Serving quantity- 180g		275
	Tender marinated beef cooked with sliced onions and tomatoes		

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SPICE IT FROM THE WOK

- **Khao Suey Tofu (631 Kcal) Serving quantity- 220g**  455
Aromatic Yellow Curry with Tofu, Noodles, Fried Onion, Fried Garlic, Moong Sprout, Chilli Oil and Lemon Wedges
- ▲ Add Chicken (770 Kcal) 510
- ▲ Add Prawn (992 Kcal)  565

Choice Of Thai Red/Green Curry Serving quantity- 220g 

Aromatic Thai Herb Curry Base, Coconut Milk, Steamed Rice

- **Veggies (631 Kcal)**  455
- ▲ Add Chicken (803 Kcal)  510
- ▲ Add Prawn (703 Kcal)  565

Vegetable Fried Rice/Noodles (631 Kcal) Serving quantity- 230g  405

With Soy, Chilli Vinegar, Red Chilli Sauce

- ▲ Add Chicken (803 Kcal)  455
- ▲ Add Prawn (703 Kcal)  510

Jasmine Rice (356 Kcal) Serving quantity- 250g

RICE BAR

■	Awadhi Subz Biryani (628 Kcal) Serving quantity- 280g	405
Seasonal Vegetables, Basmati Rice Cooked in a Subtly-flavoured Vegetable Stock with Brown Onion, Mint. Served with Mix Veg Raita		
■	Jack of all Trade Biryani (770 Kcal) Serving quantity- 290g (Regional Special)	510
Made with basmati rice, unripe green jackfruit & flavored with bunch of spices, fresh herbs		
■	Awadhi Mutton Biryani (665 Kcal) Serving quantity- 300g	565
A delicately flavoured biryani with aromatic spices mild yet balanced, slow cooked to perfection. Served With Mix Veg Raita		
■	Steamed Rice (151 Kcal) Serving quantity- 151g	190
■	Curd Rice (376 Kcal) Serving quantity- 352g	295
■	Dal Khichdi (779 Kcal) Serving quantity- 356g	295

GRILLS

		Price
■	Grilled Chicken (387 Kcal) Serving quantity- 260g	510
■	Pan-Seared Fish (619 Kcal) Serving quantity- 260g	565
■	Grilled Prawn (730 Kcal) Serving quantity- 260g	620

PASTA

Choose Your Pasta

Penne, Spaghetti

Choose Your Sauce

			Price
<input checked="" type="checkbox"/> <input type="checkbox"/>	Arrabbiata (Veg/Chicken/Prawns) (732/904 Kcal)	(Spicy tomato sauce)	455/510/565
<input checked="" type="checkbox"/> <input type="checkbox"/>	Alfredo (Veg/Chicken) (663/937 Kcal)	(Creamy sauce)	455/510/565
<input checked="" type="checkbox"/> <input type="checkbox"/>	Aglio Olio (Veg/Chicken/Prawns) (783/960 Kcal)	(Chilli Garlic sauce)	455/510/565

Choice of Pasta

*ask our heartist/server for whole wheat or Gluten free pasta option!!

*All pasta's serving quantity is 280g.

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SANDWICH-BURGER-WRAPPS

		Price
■	Naughty Avo Burger (950 Kcal) Serving quantity- 300g 	515
	Deep Fried Avocado Edamame Patty, Romaine, Guacamole Salsa, Chipotle Mayo, Cheese	
■	Spice It Chicken Burger (491 Kcal) Serving quantity- 300g 	480
	Pan Seared Chicken Patty, Romaine, Guacamole Salsa, Chipotle Mayo, Cheese	
■	Club Sandwich-White Bread (950 Kcal) Serving quantity- 300g 	405
	Grilled Vegetables, Tomato, Cucumber, Romaine, Yellow Cheddar, Mustard Mayo, Toast	
▲	Add Chicken (785 Kcal) serving quantity- 155g	455
■	Grilled Cheese Sandwich (291 Kcal) Serving quantity- 280g 	455
	English Cheddar, Processed Cheese, Jalapeno, Gherkins, Mustard Soya, Sour Dough	
▲	Add Chicken (390 Kcal) serving quantity- 240g	510
■	Paneer Tikka Roll (515 Kcal) Serving quantity- 240g <small>(Chef Special)</small> 	350
	Paneer Tikka, Onion, Mint Chutney, Sweet Pepper, Tortilla. Served with Mint Chutney and Papad	
▲	Replace Paneer Tikka with Chicken Tikka (749 Kcal)	405

*All Sandwiches, Burgers & Wraps to be served with Potato wedges
Choose Your Bun:- Sesame, Whole Wheat

INDIAN MAINS

Price

405

Chole Masala (541 Kcal) Serving quantity- 250g (Chef's Special)

Chole Masala, is an authentic North Indian, Punjabi style curry made with white chickpeas, freshly powdered spices, onions. Served along baked Kulcha

405

Palak Paneer (480 Kcal) Serving quantity- 250g

Cottage Cheese Cubes with Spinach Gravy, Finished With Fresh Cream

405

Kadhai Paneer (519 Kcal) Serving quantity- 260g

Slow Cooked Cottage Cheese Simmered in Home Style Gravy Finished with Onion and Peppers

405

Utterly Butterly Dal-icious (413 Kcal) Serving quantity- 260g (Chef's Special)

Black lentil cooked over night with tomatoes finished with butter & cream

350

Dal Tadka (555 Kcal) Serving quantity- 260g

Yellow Lentils, Garlic, Mild Spice Finished with Organic Ghee

455

Saag Murg (480 Kcal) Serving quantity- 250g

Chicken cooked simmered in home style gravy flavored finished with onion & Pepper

510

Home Style Mutton Curry (541 Kcal) Serving quantity- 260g

Slow cooked & simmered in spicy curry & flavored with aromatic Indian cream

565

Spiceit Zafrani Prawn Masala (243 Kcal) Serving quantity- 260g (Chef's Special)

Prawn cooked mutton simmered in yellow gravy finished with fresh cream

455

Traditional Chicken Curry (555 Kcal) Serving quantity- 260g

One of the best chicken curry in Kerala. It's got all the big south Indian flavors going on

SWEET ENDINGS

#GiveMeSugar

	Price	Calories
● Caramelized Banana Pan Cake (Organic) Served Hot with Organic Honey or Chocolate Syrup	325	815
● Bhapa Dol (Signature Dish) Baked Hung Curd, Assorted Apples, Grapes Caramel Sauce, Cookie Crumble	375	100
● Ice - Cream Choose from our Selection with your Choice of Hot Chocolate or Caramel sauce	325	
● Fresh Cut Fruits (Low Calories) Seasonal Fresh Fruits	325	
● Chakka Varattiyathu, Pazham, Papadam (Regidhal Special) It is very Authentic Traditional Recipe of Kerala is made of Jackfruit Bulbs along with Jaggery and Ghee.	375	220

HOT BEVERAGES

	Price	Calories
● Filter Coffee	195	336
● Spice it Espresso	150	337
● Cappuccino	195	
● Masala Tea	150	
● Ginger Tea	150	
● Green Tea	150	
● Lassi	199	
● Cold Press Juice	299	
● Chaach	150	

● Non Veg ● Veg GF: Gluten Free

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SOUPS & SALADS

WILL MAKE IT BETTER

		Price
■	Tibetan Thukpa (179 Kcal) Serving quantity- 230g  	295
	Hearty Noodle Tofu Soup with Asian Vegetables	
▲	Add Chicken (227 Kcal)	325
■	Smoked Tomato with Cream Cheese (285 Kcal) Serving quantity- 150ml   	375
	Oven Roasted Smoked Tomato Soup, with the Rich Cream Cheese	
■	Subz Dal Shorba (125 Kcal) Serving quantity- 230g	295
	Oven Roasted Smoked Tomato Soup, with the Rich Cream Cheese	
■	Spice it Caesar (125 Kcal) Serving quantity- 230g   	350
	Not Just Romaine, Caesar Dressing, Croutons, Parmesan Flakes, Croutons and Parsley	
▲	Add Grilled Chicken (227 Kcal)	405
■	Unbe-leaf-able Salad (254 Kcal) Serving quantity- 230g (Chef's Special)  	405
	Paleo by Nature with Organic Quinoa, Baby Spinach, Broccoli, Pomegranate, Almond Flakes, Lemon Vinaigrette	
▲	Add Grilled Chicken (409 Kcal)	455
■	Guacamole Greens Salad (164 Kcal) Serving quantity- 230g	375
	Mixed Greens, Sweet Pepper Julienne, Roasted American Corn, Guacamole, Cilantro, Jalapeno, Lemon Vinaigrette	