



MENU

ALL DAY BREAKFAST



YOGURT AND GRANOLA POWER BOWL

(With seasonal fruits)

450 kcal
Rs.290



FRENCH TOAST WITH VANILLA CUSTARD

356 kcal
Rs.290



PANCAKE WITH CREAMY APPLE CINNAMON SAUCE

360 Kcal
Rs.320



FRENCH OMELETTE

(Served with grilled tomato and hash brown potato)

175 Kcal
Rs.290



EGGS BENEDICT

(English muffins topped with chicken bacon, sauteed spinach, poached eggs and hollandaise sauce)

720 Kcal
Rs.320

SOUPS



BROCCOLI AND GREEN APPLE SOUP

(Cream soup with broccoli, mirepoix and seasoned diced green apple)

350 kcal
Rs.250



ROASTED ROOT VEGETABLES SOUP

(Oven roasted veg. soup with beetroot, carrot, potato, onion and garlic)

350 kcal
Rs.250



THAI STYLE PRAWN SOUP

(Curry flavoured soup with coconut milk, cilantro and prawns)

380 kcal
Rs.300



TORTILLA CHICKEN

(Mexican spiced chicken soup with tortilla chips)

350 kcal
Rs.280

SALAD



BLACK RICE SALAD WITH ORANGE VINAIGRETTE

(Classic vegan salad with black rice, exotic fruits and orange reduction dressing)

254 Kcal
Rs.280



MOROCCAN COUSCOUS AND CHICKPEA

(Saffron infused couscous salad with chickpeas, cucumber, peppers, olives and nuts)

360 kcal
Rs.280



ASIAN SESAME CHICKEN SALAD

(Classic Oriental salad with shredded cabbage, chicken strips, lettuce, roasted nuts with sesame dressing)

350 kcal
Rs.280



GRILLED BEEF AND BABY POTATO SALAD

(Tender beef salad with mix lettuce, baby potato quail egg and honey mustard dressing)

473 kcal
Rs.320

BURGERS ,WRAPS AND FRENCH BAGUETTE SANDWICHES

(ALL THE BURGERS,WRAPS AND SANDWICHES SERVED WITH IN HOUSE MADE THICK CHIPS AND AIOLI)



PLANT BASE BURGER

(Veg patty, tomato, lettuce and cheese)

500 kcal
RS.300



GRILLED VEGETABLE WRAP

(Tortilla wrap with grilled zucchini, bell pepper lettuce, tomato, onion, cheese and sun dried tomato. Served with pesto mayo and thick chips)

500 kcal
RS.300



MUMBAI MASALA SANDWICH

(Makhani mayo, spicy potato onion mix and mint sauce)

580 kcal
Rs.300



CRISPY PANKO CRUSTED CHICKEN BURGER

(Panko fried chicken, lettuce, tomato and chilli aioli burger sauce served with thick potato fries)

500 kcal
Rs.380



EISC LOADED BEEF BURGER

(Beef patty,lettuce, tomato, cheese, caramelized onion and signature burger sauce. Served with thick potato fries)

680 kcal
Rs.400



CHICKEN SAUSAGE BAGUETTE

(Coleslaw, chicken sausage, cheese and sauce)

580 kcal
Rs.380



TUNA BAGUETTE

(Stuffed with tuna onion and mayo mixture)

500 kcal
Rs.400



PESTO CHICKEN WRAP

(wrap with grilled chicken strips lettuce, sun dried tomato and cheese. Served with pesto mayo and thick chips)

680 kcal
Rs.380

ENTREE



TUSCAN CHICKEN

(Originated in Tuscany region of Italy. Grilled chicken breast with creamy cheese sauce,spinach, sun dried tomatoes and mushroom. Served with spaghetti aglio olio)

500 kcal
RS.450



HERBED GRILLED CHICKEN

(Grilled Chicken breast served with parsley mash potato, buttered vegetables and herb sauce)

500 kcal
RS.450



TENDER LOIN STEAK WITH MUSHROOM SAUCE

(served with mashed potato and buttered vegetables.)

550 kcal
Rs.650



SIR LOIN STEAK WITH PEPPERCORN SAUCE

(served with mashed potato, and buttered vegetables)

550 kcal
Rs.1200



T BONE STEAK WITH RANCH SAUCE

(served with mashed potato and buttered vegetables.)

750 kcal
Rs.1200



GRILLED TIGER PRAWNS WITH BUTTERY CAPER LEMON SAUCE

(Served with crushed potato, exotic buttered vegetable and garlic lemon butter sauce)

Rs.850



BREAD AND BEEF STEW

(traditional beef stew with buttered sliced bread)

510 kcal
Rs.550

LIGHT BITES



POTATO CHEESE BALLS

(Crispy snack made with potato and mozzarella cheese)

520 kcal
RS.250



CHARGRILLED RED PEPPER HUMMUS

(Middle Eastern delicacy made from chickpeas, tahini, char grilled red pepper served with cucumber salad and bread)

180 kcal
RS.250



PARMIGIANO GARLIC BREAD

(Garlic bread with parmesan cheese and olives served with tomato salsa)

240 kcal
Rs.280



CHILLI CON CARNE FRIES

(Thick fries topped with minced beef and cheese)

325 kcal
Rs.320



CRISPY CHICKEN GOUJONS

(Served with Rainbow slaw and chipotle mayo)

450 kcal
Rs.350

PIZZAS



CHERRY TOMATO AND PESTO PIZZA

(Veggie pizza with house pesto sauce and mozzarella cheese)

738 kcal
RS.500



GREEN GODDESS

(Veggie pizza with broccoli, onion, bell pepper and olives)

738 kcal
RS.500



B B Q CHICKEN

(Chicken dices, caramelized onion, peppers and olives)

868 kcal
Rs.530



PEPPERONI

(With traditional beef pepperoni and chilly flakes)

900 kcal
Rs.530



MEXICAN BEEF

(Minced beef, caramelized onion, peppers and olives)

900 kcal
Rs.550



EAST MEETS WEST (BEEF THENGA KOTHU) PIZZA

(Chef's special pizza with traditional Kerala beef thenga kothu)

900 kcal
Rs.550

PASTA

**(PICK YOUR FAVOURITE - PENNE/
SPAGHETTI)**



BASIL PESTO (VEG/CHICKEN)

(Sauce with basil leaves, garlic and cashew nuts and cheese)

600 kcal
RS.380/420



ALFREDO (VEG./CHICKEN)

(Pasta with creamy cheese sauce salad and bread)

600 kcal
RS.380/420



CREAMY TOMATO (Veg/Chicken)

(Cheesy pink sauce with cream, tomato concasse and olive oil)

720 kcal
Rs.420/480



BUTTER CHICKEN

(Fusion styled pasta in traditional tender butter chicken sauce)

600 kcal
Rs.450



BOLOGNAISE

(Minced beef sauce with tomato and mirepoix)

720 kcal
Rs.450



MENU

EST: 2015 | Fort Kochi | Panampilly Nagar



ALL DAY BREAKFAST



YOGURT GRANOLA BOWL

(With seasonal fruits)

450 Kcal
Rs.290



FRENCH TOAST WITH VANILLA CUSTARD

356 Kcal
Rs.290



PANCAKE WITH CREAMY APPLE CINNAMON SAUCE

360 Kcal
Rs.320



FRENCH OMELETTE

(Served with grilled tomato and hash brown potato)

175 Kcal
Rs.290



EGGS BENEDICT

(English muffins topped with chicken, bacon, sautéed spinach poached eggs and Hollandaise sauce)

720 Kcal
Rs.320

ENTRÉE



GREEN GODDESS PIZZA

(veggie pizza with house pesto sauce)

738 Kcal
Rs.500



EAST MEETS WEST (BEEF THENGA KOTHU) PIZZA

(Chef's special Fusion pizza with traditional Kerala beef fry, onion and green chilli)

900 Kcal
Rs.550



CRISPY PANKO CRUSTED CHICKEN BURGER

(Panko fried chicken, lettuce, tomato, and chilli aioli burger sauce. Served with thick potato fries)

800 Kcal
Rs.380



EISC LOADED BEEF BURGER

(Beef patty, lettuce, tomato, cheese, caramelised onion and signature sauces. Served with thick potato fries)

660 Kcal
Rs.400



CASHEW PESTO PENNE PASTA (Plain/Veg/Chicken)

(Sauce with basil leaves, garlic and cashew nuts and cheese)

600 Kcal
Rs. 350/380/420



CREAMY TOMATO RIGATONI PASTA (Plain/Veg/Chicken)

(Creamy pink sauce with cream, tomato concasse and olive oil)

720 Kcal
Rs. 380/420/480



TUSCAN CHICKEN

(Originated in Tuscany region of Italy. Grilled chicken breast with creamy cheese sauce, spinach, Sun dried tomatoes and mushroom. Served with spaghetti aglio olio)

500 Kcal
Rs.450



HERBED GRILLED CHICKEN

(Grilled Chicken breast served with Parsley mash Potato, buttered vegetables and herb sauce)

800 Kcal
Rs.450



EISC SIGNATURE STEAK WITH MUSHROOM SAUCE

(Grilled tenderloin served with mashed potato, buttered veg and mushroom sauce)

580 Kcal
Rs.550



KOREAN MEAT BALLS

(Tender ginger and oyster flavoured meat balls served with sesame coconut rice)

800 Kcal
Rs.500



GRILLED FISH WITH COCONUT CURRY SAUCE.

(Served with buttered rice and traditional Moilee sauce)

375 Kcal
Rs.580

SOUP



BROCCOLI AND GREEN APPLE SOUP

(Cream soup with broccoli, mirepoix and seasoned diced green apple)

380 Kcal
Rs.250



ROASTED ROOT VEGETABLES SOUP

(Oven roasted vegetable soup with beetroots, carrot, potato, onion and garlic)

380 Kcal
Rs.250



THAI STYLE PRAWN SOUP

(Curry flavoured soup with coconut milk, cilantro and prawns)

580 Kcal
Rs.300

SALAD



BLACK RICE SALAD WITH ORANGE VINAIGRETTE

(Classic vegan salad with black rice, exotic fruits, and orange reduction dressing)

884 Kcal
Rs.320



ASIAN SESAME CHICKEN SALAD

(Classic Oriental salad with shredded cabbage, Chicken strips, lettuce, roasted nuts with sesame dressing)

824 Kcal
Rs.320



GRILLED BEEF AND BABY POTATO SALAD

(Tender beef salad with mix lettuce, baby potato, quail egg and honey mustard dressing)

475 Kcal
Rs.350

SWEET MOMENTS



TIRAMISU

(An Italian dessert that has layers of coffee soaked ladies fingers and Mascarpone cream)

283 Kcal
Rs.320



CHAI CAKE

(Tender soft chai flavoured cake topped with cream cheese icing)

365 Kcal
Rs.280



OLIVE OIL CAKE

(Sponge textured cake with hint of lemon zest and olive oil flavour.)

362 Kcal
Rs.280



PISTACHIO CHEESE CAKE

(Soft cream cheese cake topped with Pistachio butter)

480 Kcal
Rs.320



WARM WALNUT BROWNIE WITH ICE CREAM

475 Kcal
Rs.280



STRAWBERRY & CREAM FALOODA

407 Kcal
Rs.250



FRUITY CHIA PUDDING

280 Kcal
Rs.280

"Visit our pastry counter for our daily delights"

LIGHT BITES



POTATO CHEESE BALLS

(Crispy snack made with potato and mozzarella cheese)

210 Kcal
Rs.250



CHARGRILLED RED PEPPER HUMMUS

(Middle Eastern delicacy made from chickpeas, tahini, char grilled red pepper served with cucumber salad and bread)

190 Kcal
Rs.250



PARMIGIANO GARLIC BREAD

(Garlic bread with Parmesan cheese and olives served with tomato salsa)

240 Kcal
Rs.280



GRILLED VEGETABLE WRAP

(Tortilla wrap with grilled zucchini, bell pepper lettuce, tomato, onion, cheese and sun dried tomato. Served with pesto mayo and thick chips)

600 Kcal
Rs.300



PESTO CHICKEN WRAP

(Wrap with grilled chicken strips lettuce, sun dried tomato and cheese. Served with pesto mayo and thick chips)

680 Kcal
Rs.380



BBQ GLAZED CHICKEN WINGS

(Batter fried chicken wings sauteed in flavour full home made BBQ sauce. Served with chips and BBQ mayo)

367 Kcal
Rs.400



DRINKS

COFFEE



ESPRESSO/DOUBLE ESPRESSO

140 Kcal
Rs.200

AMERICANO

15 Kcal
Rs.155

CAFE LATTE

190 Kcal
Rs.150

SPANISH LATTE

190 Kcal
Rs.180

CAFE MOCHA

280 Kcal
Rs.170

CAPPUCCINO

160 Kcal
Rs.160

FLAVOURED LATE HAZELNUT / VANILLA

200 Kcal
Rs.180

SOUTH INDIAN FILTER COFFEE

70 Kcal
Rs.130

COLD COFFEE

180 Kcal
Rs.200

HOT CHOCOLATE WITH MARSH MALLOW

400 Kcal
Rs.200

TEA

BLACK TEA

02 Kcal Rs.100

MASALA CHAI

108 Kcal Rs.150

SAFFRON CHAI

108 Kcal Rs.180

FLAVOURED TEA

00 Kcal Rs.130

(DIFFERENT OPTIONS AVAILABLE, ASK FOR DETAILS)

REFRESHING DRINKS



PINEAPPLE COCONUT MOCKARITA

(Pineapple juice, Coconut milk, Coconut water and lime juice)

140 Kcal
Rs.180

GREEN TALE

(Green apple syrup, Lime juice and Sprite)

135 Kcal
Rs.180

CINDERELLA

(Pineapple juice, Orange juice, Lemon juice Grenadine and Sprite)

140 Kcal
Rs.180

CLOUDY LOVE

(Litchi crush, Lime juice, Grenadine, and Sprite)

140 Kcal
Rs.180

PASSION FRUIT MOJITO

145 Kcal

Rs.180

LEMON SODA

12 Kcal

Rs.120

LEMONADE

40 Kcal

Rs.120

DATE TAHINI SMOOTHIE

(Creamy dairy free smoothie, made with dates, tahini, banana and honey)

400 Kcal
Rs.180

FRESH PRESS

"Ask us for fresh squeeze of the day"

TOMATO BASIL BLISS

(Tomato, Basil leaves and Honey)

55 Kcal
Rs.200

RUBY MANIA

(Beetroot, Orange and Honey)

110 Kcal
Rs.200

GREEN DREAM

(Green apple, Spinach, Cucumber and Honey)

54 Kcal
Rs.200

THE RABBIT

(Carrot, Celery, Ginger, Lemon and Honey)

160 Kcal
Rs.200



Vegetarian



Non-vegetarian



Shellfish



Fish



Dairy



Eggs



Gluten



Nuts



Soya

*All menu prices are in INR / *Taxes as applicable

Our Chef will be delighted to assist you with any dietary or special requirements you may have.